

UT Chat GME DIO Digest

August 2023, Volume 1

From Your DIO:



This new monthly newsletter is designed to keep residents, fellows, faculty and staff aware of important GME announcements and events on the Erlanger/UT Chattanooga campus. If you have any suggestions or questions regarding this newsletter, please contact me at paul.schwartzberg@erlangers.org

***"I can't change the direction of the wind, but I can adjust my sails to always reach my destination."
- Jimmy Dean***



Welcome new residents and fellows!

We are excited to support you on this new and exciting journey. GME staff is always here to help, but please remember to also reach out to your Program Directors and Coordinators. The first couple of months are difficult, so always remember to reach out.

Deans/GME Staff

James W. Haynes, MD, MBA, FAAFP
Professor & Dean

Paul M. Schwartzberg, DO, MBA, FAAP
Associate Dean, Academic Affairs, & Designated Institutional Official (DIO)

Crystal Maddox, MPA
Assistant Dean for Finance & Administration

Mukta Panda, MD, MACP, RCP-London
Professor & Assistant Dean Well-Being & Medical Student Education

Giuseppe Pizzorno, PhD, PharmD
Professor & Associate Dean Research

Pamela Scott, C-TAGME
Director, Graduate & Medical Student Education

Rosalyn Stewart-Kalaukoa
GME Lead Residency Coordinator

Lucy White, MEd, LPC/MHSP
GME Counselor

Jacqueline Hogan, CAP
GME Financial Specialist

Tiffany Nabors, CMA, AAMA
Medical Student Services Specialist



In dealing with those who are undergoing great suffering, if you feel “burnout” setting in, if you feel demoralized and exhausted, it is best, for the sake of everyone, to withdraw and restore yourself. The point is to have a long-term perspective. – Dalai Lama

*Is taking a break at work a sign of weakness? Can recharging ourselves in real time be beneficial to us personally, our team and make us more efficient and productive?
Bring awareness to the current moment to see what it has to offer.*

5-minute Mindfulness to Calm an Anxious Mind:

Notice 5 things you can see.
Notice 4 things you can feel.
Notice 3 things you can hear.
Notice 2 things you can smell.
Notice 1 thing you can taste.

September Suicide Prevention Month Events

Wednesday, September 6th, 4:00-5:30pm –
Kick-Off Event, Appetizers, Therapy Dogs & Vendors (Erlanger POB)

Thursday, September 7th, 6:30-8:30pm
Women in Medicine Event @ Book & Cover

Sunday, September 24th, 6pm
Sunset Hike @ Stringer's Ridge

Tuesday, September 26th, Time & Place TBD
Young Physician & Resident Event

Wednesday, September 27th, 7-8am
“Removing the Mask” (Probasco)
Carrie Cunningham, MD, MPH
Associate Professor, Department of Surgery,
Mass General Hospital

GMEC Subcommittee Updates

Well-Being

The Wellbeing subcommittee will meet on **Wednesday, August 2nd, 4:30-5:30pm** (POB). If you would like to join, please contact Dr. Mukta Panda (Well-Being Subcommittee Chair).

Also, residents, faculty, and students are encouraged to register for and use the Mayo Clinic Well-Being Index burnout self-assessment tool.

- Go to: <https://app.mywellbeingindex.org/signup>
- Use the LifeBridge Chattanooga invitation code: LifeBridge Chatt
- Register (approx. 2 minutes)
- Take the survey (approx. 2 minutes)

CLER

The **Clinical Learning Environment Review (CLER) program** augments residency and fellowship training programs by bridging with organizational goals in areas of quality and safety, emphasizing team-building and professionalism, and ensuring well-being and appropriate supervision.

We expect a CLER site visit sometime in 2023-2024, possibly between October and December 2023. Want to learn more about CLER and what to expect? Follow this QR Code for [ACGME.org](https://www.acgme.org) to the **CLER 2.0 Pathways Guide**:



If you would like to join this subcommittee, please contact Dr. Jeffrey Bennett (CLER Subcommittee Chair).

Save the Dates

Let's Be CLER Series:
2nd Tuesday of the month
"Professionalism and Patient Expectations"

Tuesday, August 8, 2023,
12-1pm

Lunch will be served!

Presented by

Chris Poole, MD, Medical Staff Chief, Erlanger
Marcia Collyer, MA, RN, CPXP, Erlanger Director for Patient Experience, Quality, Safety, and Service Excellence

Gold Humanism Induction/Faculty and Resident Recognition

April 13th, 2024, 1pm

Alper Humanitarian Awards

May 3rd, 2024, 7:30-9.30am

UTHSC Class of 2024 Graduation

May 13th, 2024, 11:15am

GME News and Announcements

Walk Rounds

Rounds of resident lounge areas are scheduled every other Monday from 3-4pm. Rounds usually includes an administrative team member and resident representative. If there are issues in your lounge, please let Pam or Rosalyn know.

GME Governance

Quarterly Town Halls - next Town Hall is scheduled in September and QR codes are provided beforehand for anonymous concerns/comments. At least one Chief resident or alternate resident should attend.

Graduate Medical Education Committee (GMEC) - includes at least two peer-selected residents/fellows as voting members. GMEC reps can also serve as Town Hall representatives or members of the House Staff Association. Congrats to this year's reps!

Parking

A policy to allow all PGY-3 residents (in addition to PGY-4 thru PGY-7 residents) access to the basement physician parking lot is being finalized. However, to alleviate overcrowding for attending physicians in front, we will require all senior residents (PGY-3 and above) to park in the **back of this lot in the NP/PA section**. New signage will designate this area for senior residents. **Residents will not be allowed to park in the front of this lot unless on-call** (5pm Friday to 6am Monday). PGY-1/PGY-2 residents will still be required to park on the upper levels of the garage.

All senior residents will soon be assigned **numbered parking tags** for parking authority to monitor the situation. Residents not following this policy face loss of parking privileges in this space. Overflow senior residents may need to park on the upper-level areas. **Please remember parking in the physician area is a privilege.** Contact the GME office if there are questions. Stay tuned for further details.

Food After-Hours

Resident lounges - freezer meals are being stocked every Monday and Sodexo leaders will start meeting with Program Coordinators to work on standardized menus/healthier options. Additional plans include "On The Spot" machines able to accept meal cards. More to come.

Starbucks – residents can use their meal cards and Sodexo will track the amount spent.

Red Eye Food Truck is available several nights a week in the old ambulance bay (Aug 1-4, 8-12, 14-17, 22-25, 29-31).

Special thanks to Adam Schreader, Vice President of Operations, for all his assistance.

COORDINATORS CORNER

We want to thank **all our Residency and Fellowship Program Coordinators** for their hard work and dedication!!!

Each member of our team is valued for their expertise and leadership.

“Team Work Makes The Dream Work!”

Program Coordinators for ACGME-Accredited Programs

Cardiovascular Disease and Gastroenterology Fellowships:

Samantha Bond

Emergency Medicine Residency & EMS Fellowships:

Velvet Green

Family Medicine Residency:

Elissa McCoy, MEd

Internal Medicine Residency:

Deborah Fuller

OB/GYN Residency:

Janie Boals

Orthopaedic Surgery Residency:

Kimberly Davis, MEd

Pediatrics Residency:

Ashley Thurston, C-TAGME

Plastic Surgery Residency:

Allison Ellis, AS

Surgery Residency and Subspecialty Fellowships:

Maggie Hamblen, C-TAGME, CAP

Cindy Rudolph, MS

Urology Residency:

Stacey Blanks, C-TAGME

Go to <https://www.uthsc.edu/comc/gme/> to stay informed!

Professional Development

Tuesday, August 8, 2023, 5-7pm EST, via Zoom

Basics of Research

Presented by Eric Heidel, PhD

Graduate School of Medicine (Knoxville)

Second Tuesday of the month.

To register: <https://www.surveymonkey.com/r/LTCV8MP>

Wednesday, September 6, 2023, 12-1pm, POB

Identifying Resident Professionalism Issues

Presented by UT College of Medicine - Chattanooga Program Directors

Part of the Quarterly UT COM Chattanooga GME Faculty Development Series

First Wednesday of the month, 12-1pm, POB

Announcements

UTC Campus Recreation

UTHSC med student/resident/fellow membership is now **\$20/month**.

See QR code for more information.

UTC Campus Recreation
Membership Information for
UTHSC Students/Residents/Fellows



Hats OFF!!

CONGRATULATIONS!

American College of Surgeons Annual Meeting (TN Chapter)

W. Heath Giles, MD, FACS, TNACS President & Program Chair, 2023-2024

G. Alan Hyde, MD, FACS, At-Large Director – East, Presenter, *Rectal Cancer*

Christopher Bell, MD, FACS, Young Fellows Representative, 2022-2023

Mitch Parker, MD, Resident Representative, 2022-2023

Benjamin W. Dart, IV, MD, FACS; Beth Snell, MD, FACS, Presentation - *Medicare Cuts and CPT Coding Changes for Hernia Repair*

Lauren Favors, MD, Podium Presentation - *Analysis of Fibrinolytic Shutdown in Trauma Patients with Traumatic Brain Injury (2nd Place)*

Hunter Parmer, MD, Podium Presentation - *Stress Hyperglycemia Associated with Similar Mortality and Complication Rates Compared to Trauma Patients with Diabetes, (3rd Place)*

R. Chace Hicks, MD, Podium Presentation - *Outcomes of Whole Blood Versus Component Therapy Trauma Resuscitation: A Single-Center Experience*

Alexander Urevick, MD, Podium Presentations

- *Changes in Pediatric Non-Accidental Trauma Emergency Department Visits During and Following the COVID-19 Lockdown*
- *Comparing Outcomes of Immediate Gastroschisis Reduction: Retrospective 10 Year Study of Silo-Assisted Vs. Manual Reduction*

Aaron Pollock, MD, Quality Improvement Initiative to Increase Intern Productivity Through Specialty Directed EMR Training

Department of Family Medicine

Dr. Leslie Griffin has been named permanent **Department of Family Medicine Chair** effective August 1, 2023.

June 2023

- **UT College of Medicine - Chattanooga EM Program** won Jeopardy at the American College of Emergency Physicians meeting - second victory in 3 years!
- **Samit Sunny Roy, MD** (Urology resident) received a 2023 grant from the Urology Care Foundation/Indian American Urological Association for volunteerism and improving patient care for underserved in India.

PATIENT ACCOLADES

Great job to the following residents for receiving accolades from Erlanger patients:

- **Emergency Medicine/Urology:** Dr. Gu, Dr. Mikhail
- **Pediatrics:** Dr. Pope