"Book Club" Reflection Questions

1. Think of words (positive and negative) that you have used to describe patients/families in the past. Does using certain descriptors impact their medical care? How so?
2. Think of an instance when a patient/family was described to you by another member of the care team prior to your meeting the patient/family. How did hearing the description alter your approach to the patient/family?
3. How do you overcome bias or patient/family labels to deliver equitable care to everyone?
4. What tools can a physician use to see the "loveliness" in every family and how could the physician communicate this perceived "loveliness" to others on the health care team?