

Well-Being Resources for UT Faculty



Confidential Counseling Services at no cost to physicians (including our faculty, both paid and unpaid) and provided in cooperation with the Chattanooga-Hamilton County Medical Society. 423.591.9830 (phone answered 24/7)



Employee Assistance Program (EAP) for UT Paid staff and Faculty, administered by Optum for employees and eligible dependents. Contact 855.437.3486 for assistance. Pre-authorization is required to utilize this benefit. Visit Here4TN.com to easily obtain pre-authorization).

Aetna Resources for LivingSM

Employee Assistance Program for Employees and Physicians paid by Erlanger

To access services, call 888.825.3509 or visit www.resourcesforliving.com. Username is Erlanger. PW is EAP.

<https://www.uthsc.edu/comc/well-being/documents/eap-erlanger-facult-aetna-anytime-support.pdf>

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