Date: Monday	Breakfast		Lunch		Supper		Night	
	Before	After	Before	After	Before	After	Bedtime	Later
Time								
Blood Sugar								
Food Glucose							1	
Insul: Meal+SS								
Basal/Lant								
Comments								
Tuesday	Before	After	Before	After	Before	After	Bedtime	Later
Time								
Blood Sugar								
Food Glucose								
Insul: Meal+SS								
Basal/Lant								
Comments								
Wednesday	Before	After	Before	After	Before	After	Bedtime	Later
Time	DOIDIE	Autor	DOIDIE	AILCI	DOIG	Autor	Deathlie	Later
Blood Sugar								
Food Glucose						<u> </u>		
Insul: Meal+SS								
Basal/Lant								
Comments	5 (	A 51	5.6	A 51	5 (	A 61	D 111	
Thursday	Before	After	Before	After	Before	After	Bedtime	Later
Time								
Blood Sugar								
Food Glucose								
Insul: Meal+SS								
Basal/Lant								
Comments								
Friday	Before	After	Before	After	Before	After	Bedtime	Later
Time								
Blood Sugar								
Food Glucose								
Insul: Meal+SS								
Basal/Lant								
Comments								
Saturday	Before	After	Before	After	Before	After	Bedtime	Later
Time								
Blood Sugar								
Food Glucose								
Insul: Meal+SS								
Basal/Lant								
Comments								
Sunday	Before	After	Before	After	Before	After	Bedtime	Later
Time								
Blood Sugar								
Food Glucose								
Insul: Meal+SS								
Basal/Lantus								
Comments								
Average:								
Comments	Exercise: E	1-E10	Stress: S1-S1	0		Name:		