# **Pre-Diabetes Research Study**

### What is it?



Pathobiology of Pre-Diabetes is a research study conducted at the University of

Tennessee Health Science Center with the purpose of understanding the factors that lead to pre-diabetes in healthy persons whose parents have diabetes.

Pre-diabetes is a condition in which blood sugar is higher than normal but not yet diabetic.

## Who may join?

- Any adult male or female between the ages of 18-65
- Who does not have Diabetes
- Has one or both parents with Diabetes
- Does not plan to leave the Memphis area within the next 5 years

## What is involved?

Participants who qualify for this study after one screening visit will be required to make 4 out patient visits each year over the next 5 years to the University of Tennessee - General Clinical Research Center (GCRC) at the Methodist Hospital for medical history, physical exam, and lab tests.

# **Benefits:**

- Free screening for pre-diabetes
- Free Physical Exam
- Free Lab-work
- 5 years follow-up period
- No cost for participation



Call today to see if you qualify for the study!

(901) 448-5299

#### **Convenient Location**

Traveling north on I-240, take Union Avenue exit east-bound, turn right onto Union Avenue and continue to follow Union, make a right at second light onto ClayBrook street and then turn right onto EastMoreland Avenue to enter parking garage located on your left.

Traveling south on I-240, take Madison Avenue exit 30 and make a left onto Madison Avenue and continue to follow Madison 3 blocks until ClayBrook street, take a right onto ClayBrook Street and then turn right onto EastMoreland Avenue to enter parking garage located on your left.

#### \*\*\*FREE PARKING\*\*\*

is available on Eastmoreland directly across from the main entrance. Once in main lobby turn right on main hallway toward East Wing. On main hallway you can only turn right at the end. Take an immediate left: take these elevators to 8th floor. Once on 8th floor the GCRC is to the left behind the elevators.

University of Tennesse Health Science Center Methodist University Central Hospital 8th floor of the East Wing 1265 Union Avenue, Memphis TN - 38104

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