<u>Family Medicine Residency</u> <u>Ophthalmology Rotation</u> Brandon Churchill, M.D. (updated June 2021)

Rotation Goal

Family medicine residents will interact with physicians subspecializing in ophthalmology to familiarize themselves with the impact of ocular illness and dysfunction in pediatric and adult patients in both inpatient and outpatient settings per their community preceptor's discretion.

The ophthalmology rotation provides the resident with the opportunity to work one-on-one with a subspecialty attending, with the goal of obtaining competence in the diagnosis and management of commonly occurring ocular disorders as well as treatment of ocular emergencies. The subspecialist preceptors at the Eye Clinic serve both adult and pediatric populations. Please refer to the Residency Master schedule for the days you are scheduled to work with one of the following preceptors at the Eye Clinic. You will primarily be working with Dr. Bateman or Dr. Neel. If either of these preceptors are not in clinic during your assigned time, then you should work with one of the other listed preceptors. If you have any specific problems, questions, or concern regarding this rotation, please discuss these with the faculty rotation coordinator, Dr. Churchill. You will be given specific instructions to review prior to your rotation from Jennifer White. If she is unavailable, you can obtain these instructions from Marc Himmelsbaugh at the Eye Clinic.

Residents gain additional experience with ocular disorders while on inpatient medicine and emergency medicine rotations and from outpatient encounters during scheduled clinic times at UT Family Practice Center. While on the outpatient pediatrics rotation and various other times during this residency program, you will be assigned to work with a pediatric ophthalmologist to gain further experience in various pediatric ophthalmologic disorders. You will also be exposed to a variety of pediatric ocular pathology as well as be taught to recognize variations of normal ocular development during your inpatient pediatrics, NICU, and outpatient pediatrics rotations.

Rotation Goals:

- Review diagnostic, management, and appropriate referral criteria for common eye problems
- Learn how to help patients and their family members adjust to acute or chronic ocular illnesses that may significantly affect daily life and family function.
- Learn how to maximize visual function through the control of environmental factors, management of disease and preventive care.
- Learn how to minimize deterioration of ocular function through the initiation of appropriate treatment, including rapid referral when necessary.
- Learn when social/psychological intervention is appropriate in patients with ocular dysfunction.

Supervision

Direct observation is provided by precepting physicians. Precepting physicians include but are not limited to Dr. Mark Bateman, Dr. Jason Sullivan, and Dr. Sean Neel.

Rotation Objectives

By the end of the Ophthalmology rotation, PGY III residents are expected to expand and cultivate skills and knowledge learned during previous training and to achieve the following objectives based on the six general competencies. The resident should exhibit an increasing level of responsibility and independency as he or she progresses throughout the year.

Competency	Required Skill(s)	Teaching Method(s)	Formative Evaluation Method(s)	Frequency of Evaluation
Patient Care	SPECIALTY SPECIFIC OBJECTIVES			
	Develop skills that allow for compassionate, appropriate	Conferences/Didactics	Direct Feedback	Daily
	and effective care of pediatric and adult patients with ocular	Daily Rounds	Global Evaluation	Monthly
	illness and dysfunction while integrating evidence-based	Research Discussions	Procedure Certification	Quarterly
	medicine and local standards of care.	Self Directed Learning	In-training Exam	Annually
		Computer Module	Pre and Post Test	Monthly
	Recognize the importance of the role of support systems in	Conferences/Didactics	Direct Feedback	Daily
	the health of patients with ocular disease	Daily Rounds	Global Evaluation	Monthly
		Research Discussions	Procedure Certification	Quarterly
		Self Directed Learning	In-training Exam	Annually
			Pre and Post Test	Monthly
	Recognize the effects of loss of visual function.	Conferences/Didactics	Direct Feedback	Daily
		Daily Rounds	Global Evaluation	Monthly
		Research Discussions	Procedure Certification	Quarterly
		Self Directed Learning	In-training Exam	Annually
			Pre and Post Test	Monthly
	Develop and demonstrate a supportive and compassionate	Conferences/Didactics	Direct Feedback	Daily
	approach to the care of the patient with ocular disease,	Daily Rounds	Global Evaluation	Monthly
	especially in the case of someone with deteriorating vision.	Research Discussions	Procedure Certification	Quarterly
		Self Directed Learning	In-training Exam	Annually
			Pre and Post Test	Monthly
	Under direct supervision, perform the majority of the	Conferences/Didactics	Direct Feedback	Daily
	following procedures that are generally performed while on	Daily Rounds	Global Evaluation	Monthly
	ophthalmology rotation and the number needed to	Research Discussions	Procedure Certification	Quarterly
	document:	Self Directed Learning	In-training Exam	Annually
	• Tests of visual acuity, visual fields, and test for ocular		Pre and Post Test	Monthly
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	• Direct ophthalmoscopy (5)			
	• Fluorescein staining of the cornea (3)			

• Tonometry (2)			
• Slit lamp examination (2)			
• Eye exam for foreign body (1)			
Formulate a plan of management, investigation and need	Conferences/Didactics	Direct Feedback	Daily
for expert advice with an awareness of the risks and costs of	Daily Rounds	Global Evaluation	Monthly
the investigation and the value of the information that will	Research Discussions	Procedure Certification	Quarterly
be obtained	Self Directed Learning	In-training Exam	Annually
		Pre and Post Test	Monthly
Appropriately utilize diagnostic tests and medications	Conferences/Didactics	Direct Feedback	Daily
including:	Daily Rounds	Global Evaluation	Monthly
a. Mydriatics	Research Discussions	Procedure Certification	Quarterly
b. Topical anesthetics	Self Directed Learning	In-training Exam	Annually
c. Corticosteroids		Pre and Post Test	Monthly
d. Antibiotics			
e. Glaucoma agents			
Manage and coordinate psychosocial and family issues,	Conferences/Didactics	Direct Feedback	Daily
including long-term care of debilitating ocular conditions,	Daily Rounds	Global Evaluation	Monthly
necessary environmental adaptation and use of community	Research Discussions	Procedure Certification	Quarterly
resources	Self Directed Learning	In-training Exam	Annually
		Pre and Post Test	Monthly
Manage and recognize the prevalent and treatable diseases	Conferences/Didactics	Direct Feedback	Daily
listed under "Medical Knowledge" with consultation as	Daily Rounds	Global Evaluation	Monthly
appropriate	Research Discussions	Procedure Certification	Quarterly
	Self Directed Learning	In-training Exam	Annually
		Pre and Post Test	Monthly
Under direct supervision, perform the following procedures	Conferences/Didactics	Direct Feedback	Daily
and interpret the following results	Daily Rounds	Global Evaluation	Monthly
a. Tests of visual acuity, visual fields, and test for ocular	Research Discussions	Procedure Certification	Quarterly
motility	Self Directed Learning	In-training Exam	Annually
b. Direct ophthalmoscopy		Pre and Post Test	Monthly
c. Fluorescein staining of the cornea			
d. Tonometry			
e. Slit lamp examination			
Formulate a rational plan of investigation and management,	Conferences/Didactics	Direct Feedback	Daily
including assessment of severity and need for immediate	Daily Rounds	Global Evaluation	Monthly
expert assistance	Research Discussions	Procedure Certification	Quarterly
	Self Directed Learning	In-training Exam	Annually

			Dra and Dost Test	Monthly
	The setting the number of a second state different (* 1.1')	Conformer /Dida ti		Deiler
	Localize the problem and generate the differential diagnosis	Conferences/Didactics	Direct Feedback	Dany
	and management planning	Daily Rounds	Global Evaluation	Monthly
		Research Discussions	Procedure Certification	Quarterly
		Self Directed Learning	In-training Exam	Annually
			Pre and Post Test	Monthly
	Perform physical examination in patients from newborns to	Conferences/Didactics	Direct Feedback	Daily
	adults, with emphasis on understanding normal neurologic	Daily Rounds	Global Evaluation	Monthly
	and motor responses as well as appearance	Research Discussions	Procedure Certification	Quarterly
		Self Directed Learning	In-training Exam	Annually
			Pre and Post Test	Monthly
Medical Knowledge	SPECIALTY SPECIFIC OBJECTIVES			
-	Demonstrate an understanding of the role of the ophthalmic	Conferences/Didactics	Direct Feedback	Daily
	consultant, including identifying the different roles of	Daily Rounds	Global Evaluation	Monthly
	ophthalmologists, optometrists, and opticians.	Research Discussions	Procedure Certification	Quarterly
		Self Directed Learning	In-training Exam	Annually
		5	Pre and Post Test	Monthly
	Develop a basic knowledge of the following areas relevant	Conferences/Didactics	Direct Feedback	Daily
	to the management of ophthalmic diseases and apply that	Daily Rounds	Global Evaluation	Monthly
	knowledge to provide the most appropriate patient care:	Research Discussions	Procedure Certification	Quarterly
	A. Normal anatomy, physiology, development of aging of	Self Directed Learning	In-training Exam	Annually
	the eve and ocular function (see also Curriculum		Pre and Post Test	Monthly
	Guidelines for Care of the Older Adult)			
	B. Psychological and adaptive needs of patients with			
	chronic ocular deterioration			
	C Effects of drugs and toxins on ocular function and			
	disease			
	D Effects of ocular drugs on systemic function			
	F Understanding of the ocular disability of elderly			
	nations and the importance of regular assessment and			
	maintenance of functional capacity (see also			
	Curriculum Guidelines for Care of the Older Adult)			
	F Ocular complications of systemic illness			
	G. Guidelines for appropriate intervals for vision			
	o. Outdomics for appropriate intervals for vision			
	U Appropriate indications for special procedures in			
	n. Appropriate indications for special procedures in			
	ophthalmology and ophthalmoradiology			

	1. Fluorescein angiography			
	2. Ocular ultrasound			
	3. Visual field testing			
	4. Magnetic resonance imaging/Computed			
	tomography of the eye			
]	I. Implications of recommendation for refractive eye			
	surgery			
	J. Prevention of eye injury and vision loss			
D	Develop the knowledge to formulate an initial diagnosis,	Conferences/Didactics	Direct Feedback	Daily
n	nanage, and provide appropriate referral criteria for	Daily Rounds	Global Evaluation	Monthly
C	ommon eye problems	Research Discussions	Procedure Certification	Quarterly
	1. Refractive errors – nearsightedness (myopia), farsighted-	Self Directed Learning	In-training Exam	Annually
	ness (hyperopia), and presbyopia		Pre and Post Test	Monthly
	2. Skin and adnexal disorders			
	a. Infections – hordeolum, preseptal cellulitis, orbital			
	cellulitis, dacrocystitis			
	b. Inflammation – Graves' disease, Chalazion			
	c. Eyelid disorders – Entropion, extropion, ptosis			
	d. Benign tumors – milia, papilloma, keratoacanthoma,			
	nevus, xanthelasma, dermoid			
	e. Malignant tumors – basal cell carcinoma, squamous			
	cell carcinoma, lymphoma, malignant melanoma,			
	and retinoblastoma			
	3. Conjunctival disorders			
	a. Conjunctivitis – viral, herpes simplex, herpes zoster,			
	keratitis, bacterial, allergic			
	b. Conjunctival nevus – pterygium, pinguecula			
	c. Conjunctival tumors			
4	4. Corneal diseases			
	a. Superficial trauma/infections – comeal abrasion,			
	keratitis, comeal ulcers			
	b. Dry eye and associated diseases			
	5. Iritis – unequal pupils, afferent papillary defect, adie's			
	pupil, homer's syndrome			
	6. Cataracts			
	7. Glaucoma			
8	8. Retinal disease			

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	 Associated with visual loss – central retinal vein occlusion, branch retinal vein occlusion, central retinal artery occlusion, retinal detachment and vitreous hemorrhage 			
	b. Associated with medical conditions – hypertension,			
	diabetes mellitus			
	d Age-related changes			
	9. Optic nerve disorder			
	10. External muscular disorders – cranial nerve palsies			
	11. Trauma – blunt, penetrating			
Practice Based	SPECIALTY SPECIFIC OBJECTIVES			
Learning and Improvement	See General Family Medicine Objectives for a comprehensive list.			
	Develop tools to help meet the needs of patients	Conferences/Didactics	Direct Feedback	Daily Monthly
		Research Discussions	Procedure Certification	Quarterly
		Self Directed Learning	In-training Exam	Annually
		2011 Differen Leanning	Pre and Post Test	Monthly
	Recognize own level of competence in handling ophthalmic	Conferences/Didactics	Direct Feedback	Daily
	problems and the need for further consultation as	Daily Rounds	Global Evaluation	Monthly
	appropriate.	Research Discussions	Procedure Certification	Quarterly
		Self Directed Learning	In-training Exam	Annually
			Pre and Post Test	Monthly
	Incorporate evidence based medicine and resources into the	Conferences/Didactics	Direct Feedback	Daily
	care of ophthalmic problems.	Daily Rounds	Global Evaluation $\mathbf{D} = \frac{1}{2} \mathbf{C} + \frac{1}{2} \mathbf{C}$	Monthly
		Research Discussions	Procedure Certification	Quarterly
		Sen Directed Learning	In-training Exam	Monthly
	Review current literature relevant to the care of individual	Conferences/Didactics	Direct Feedback	Daily
	patients and the community. (Write summary of journal	Daily Rounds	Global Evaluation	Monthly
	article as it relates to Family Medicine)	Research Discussions	Procedure Certification	Ouarterly
	5	Self Directed Learning	Summary of Article	End of Rotation
		0	Pre and Post Test	Monthly
Interpersonal and	SPECIALTY SPECIFIC OBJECTIVES			
Communication	See General Family Medicine Objectives for a			
Skills	comprehensive list.			

	Communicate effectively with patients and their families while in the presence of their daily preceptor.	Conferences/Didactics Daily Rounds Research Discussions	Direct Feedback Global Evaluation Procedure Certification	Daily Monthly Quarterly
		Self Directed Learning	In-training Exam Pre and Post Test	Annually Monthly
	Convey information in a clear and concise manner to patients, families, and other health professionals (i.e., use appropriate vocabulary choice, realistic outcomes, and working with difficult patients and family)	Conferences/Didactics Daily Rounds Research Discussions Self Directed Learning	Direct Feedback Global Evaluation Procedure Certification In-training Exam Pre and Post Test	Daily Monthly Quarterly Annually Monthly
Professionalism	SPECIALTY SPECIFIC OBJECTIVES See General Family Medicine Objectives for a comprehensive list.			
	Provide compassionate and high quality care to all patients regardless of gender, age, culture, race, religion, disabilities, sexual orientation or socioeconomic class	Conferences/Didactics Daily Rounds Research Discussions Self Directed Learning	Direct Feedback Global Evaluation Procedure Certification In-training Exam Pre and Post Test	Daily Monthly Quarterly Annually Monthly
	Determine best methods for consultation of subspecialty physicians while caring for the ophthalmic patient	Conferences/Didactics Daily Rounds Research Discussions Self Directed Learning	Direct Feedback Global Evaluation Procedure Certification In-training Exam Pre and Post Test	Daily Monthly Quarterly Annually Monthly
	Behave in a professional manner when interacting with patients or other health care providers.	Conferences/Didactics Daily Rounds Research Discussions Self Directed Learning	Direct Feedback Global Evaluation Procedure Certification In-training Exam Pre and Post Test	Daily Monthly Quarterly Annually Monthly
Systems-Based Practice	SPECIALTY SPECIFIC OBJECTIVES See General Family Medicine Objectives for a			
Theoree	comprehensive list.			
	Develop an understanding of the appropriate role of subspecialty medicine in evaluation and treatment of ocular disorders and when an ophthalmology consult is warranted.	Conferences/Didactics Daily Rounds Research Discussions Self Directed Learning	Direct Feedback Global Evaluation Procedure Certification In-training Exam Pre and Post Test	Daily Monthly Quarterly Annually Monthly
	Incorporate considerations of cost awareness and risk-	Conferences/Didactics	Direct Feedback	Daily

benefit analysis in patient care	Daily Rounds	Global Evaluation	Monthly
	Research Discussions	Procedure Certification	Quarterly
	Self Directed Learning	In-training Exam	Annually
		Pre and Post Test	Monthly
Advocate for quality patient care and optimal patient care	Conferences/Didactics	Direct Feedback	Daily
systems	Daily Rounds	Global Evaluation	Monthly
	Research Discussions	Procedure Certification	Quarterly
	Self Directed Learning	In-training Exam	Annually
		Pre and Post Test	Monthly

Educational Resources

- 1. Berson FG. Basic Ophthalmology for Medical Students and Primary Care Residents. San Francisco, CA: The American Academy of Ophthalmology, 1999.
- 2. Chawle HB. Ophthalmology: A Symptom-based Approach. Woburn, MA: Butterworth-Heinemann, 1999.
- 3. Trobe JD. The Physician's Guide to Eye Care. San Francisco, CA: The American Academy of Ophthalmology, 2000.
- 4. Vaughan D, Asbury T, Riordan-Eva P. General Ophthalmology. Stamford, CT: Appleton and Lange, 1999.
- 5. Wu G. Ophthalmology for Primary Care. Philadelphia, PA: WB Saunders, 1997.
- 6. American Academy of Ophthalmology: <u>http://www.aao.org/news/eyenet</u>
- 7. National Eye Institute: <u>http://www.nei.nih.gov</u>
- 8. <u>www.uptodate.com</u> (available free through <u>www.utdol.com</u> in Jackson General Hospital)
- 9. <u>www.epocrates.com</u>
- 10. http://www.kellogg.umich.edu/theeyeshaveit/