

THE UNIVERSITY OF TENNESSEE  
HEALTH SCIENCE CENTER

# NURSING

SUMMER 2015



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Wendy Likes*  
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## *Legacy of Leadership*

*Scholarship Honors  
Dr. Cheryl Cummings  
Stegbauer*



The University of Tennessee  
Health Science Center  
**Nursing Magazine**  
Summer 2015

Communications Team

*Writing, Editing and Design* DAVID MEYER, Editor  
TIM BULLARD  
AMBER CARTER  
SHEILA CHAMPLIN  
JANE PATE  
PEGGY REISSER WINBURNE

*Art Direction* DAVID MEYER

*Photography* THURMAN HOBSON

---

*Chancellor* STEVE J. SCHWAB, MD

---

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*Associate Vice Chancellor for Development* BETHANY GOOLSBY BLANKENSHIP, JD

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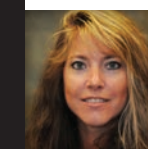
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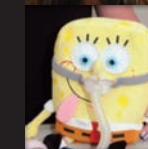
The University of Tennessee Nursing magazine is published for graduates of the University of Tennessee College of Nursing. Send all communications to Alumni Affairs at utalumni@uthsc.edu or phone: (901) 448-5516 or (800) 733-0482 or fax: (901) 448-5906.

E073801(2015-003wo#1503)



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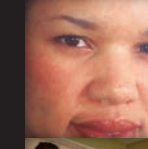
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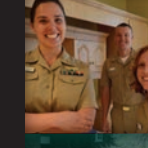
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## MESSAGE FROM THE CHANCELLOR



With fiscal year 2015 ending June 30, now is an opportune time to reflect on how much progress our institution achieved in the past year. Major initiatives that will affect the future of UTHSC for decades to come surged ahead in the past 12 months, including the ongoing phase-in of our Campus Master Plan, our expansion in the Nashville area, and our independent SACS accreditation as a stand-alone university (page 4). Our Music City initiative includes the Colleges of Medicine, Nursing and Pharmacy as well as Dentistry. Through the talent and diligence of team members, the steadfast support of health care partners and the ongoing generosity of donors like you, UTHSC can mark fiscal 2015 as another watershed year.

As many of you know, in June we appointed Dr. Wendy Likes as permanent dean for the college. During her 10-plus months in the interim role, Wendy has demonstrated a readiness and ability to lead, innovate and inspire – whether in interactions with students, faculty, staff or health care partners. A three-time UTHSC College of Nursing alumna and a faculty member since 2004, she brings insight, ability and established connectivity to the dean's position. Please see page 8 for a profile on Dean Likes and join us in welcoming her to the leading administrative role for the college.

As we continue to upgrade the Memphis campus, changes to our physical infrastructure are apparent. Just as the new Translational Science Research building (TSRB) has risen adjacent to and connected with the extant Cancer Research facility, so early in 2015 we begin demolition of the Feurt building, adjacent to the General Education building (GEB). Replacing the Feurt, we will construct a new, state-of-the-art Multi-Disciplinary Simulation Center, which will connect directly to the GEB. Just as our investigators will reap the rewards of practicing team science in the TSRB, so our students will increase their training and benefit as members of focused, efficient health care teams in the simulation center. (See page 11 for a glimpse of our future campus.)

Simultaneous with our physical transformation are important changes in our organizational structure. In 2014, we launched two new faculty practices in partnership with our core teaching hospitals – UT Regional One Physicians and UT Methodist Physicians. We also partnered with Le Bonheur Children's Hospital to form the UT-Le Bonheur Pediatric Obesity Center, where we focus on both research and patient care in an effort to stem the tide of childhood obesity in the Mid-South. Then, in late February, with the UT Board of Trustees winter meeting in Memphis, we took another step to extend our relationship with our largest hospital partner, Methodist Le Bonheur Healthcare. Methodist University Hospital added the UT initials to exterior signage over its new emergency department entrance, reframing the name as Methodist UT Hospital. (See page 7.) This step reflects the convergence of the UTHSC and Methodist missions and visions. More than 300 physicians are currently in training in Methodist facilities and since our partnership began, more than 1,865 medical and surgical specialists have been trained in Methodist Le Bonheur Healthcare locations.

Sadly, we must also report news of a great loss to the UTHSC family, Le Bonheur and the global health care community – the passing of Russell Chesney, MD. This world-renowned and much lauded pediatric nephrologist, who served children and the health care education community so long and so well, passed away on April 2. The article on page 35 offers a summary of Dr. Chesney's many accomplishments and gives those who didn't know him a glimpse at why he inspired so much respect and affection in so many.

The Latin proverb is ever true: "Tempus et maris aestus neminem expectant" – "Time and tide wait for no man." In that spirit, please don't wait to become more involved with UTHSC. Make note of our next Golden Graduate Homecoming Celebration Oct. 14-16 here in Memphis. (See page 22 for details.) It is a great pleasure for all of us to welcome returning alumni to experience our rejuvenated campus firsthand. We look forward to seeing you soon.

Steve J. Schwab, MD  
Chancellor

## MESSAGE FROM THE DEAN WENDY LIKES, PHD, DNSC, APRN-BC



It seems appropriate that my first message as the college's new dean is in our Summer magazine with a focus on the Legacy of Leadership, and with a celebration of the contributions of Dr. Cheryl Stegbauer, my mentor, friend and colleague who encouraged me to pursue a career in academia. This magazine summarizes a year of our most recent successes, accomplishments that augment the college's strong foundation for continued progress.

As interim dean over the past 10 months, my focus has been on building a collaborative culture both within the College of Nursing and with our external stakeholders. In addition, my focus has been on highlighting and celebrating our past as we build toward the future. The strength of our college stems from the distinguished nursing leaders and legends who preceded me. It is my honor to serve as the dean of our wonderful College of Nursing, and I am grateful for the many expressions of warmth and enthusiasm I have received. I look forward to the new challenges and opportunities that are sure to surface in the days ahead.

As the content of this issue reflects, we are fortunate to have phenomenal and innovative faculty, students, alumni and university leadership. I am very proud of our students for achieving an unheard of 100 percent NCLEX pass rate with our first BSN class since reactivating the program (see page 4), and I am equally proud of the outstanding faculty who prepared them to reach that height. On page 32, we reprinted an article from the Pacific Pulse – "It's a Small World After All" – which features three of our talented graduates in a discussion about our college. What a nice surprise to happen upon an article that demonstrates how far reaching and impactful our programs have been and continue to be. Our recognition of excellence is, again, demonstrated through our very own Dr. Michael Carter receiving the prestigious NONPF 2015 Lifetime Achievement Award (page 5). These are just a few of the noteworthy achievements and great work being done by our faculty, students and alumni.

In these pages, we also share important campuswide advances including our recent SACS accreditation (page 4) and renderings depicting the future plans for the UTHSC campus (page 11). We hope you will join us on campus in the near future and tour our new facilities as the face and footprint of our campus are transformed for the better.

As Chancellor Schwab stated in his message, 2015 has been another watershed year of growth and development as our campus and the CON are rejuvenated. Our college is poised at the beginning of a new chapter of growth and opportunities. In the months ahead, I'll be sharing insights on our existing efforts as well as information on new initiatives we plan to pursue. In the meantime, we encourage you to share news and comments about the activities unfolding on your horizon. Please keep in touch and stay tuned.

Wendy M. Likes, PhD, DNSc, APRN-BC  
Dean and Associate Professor

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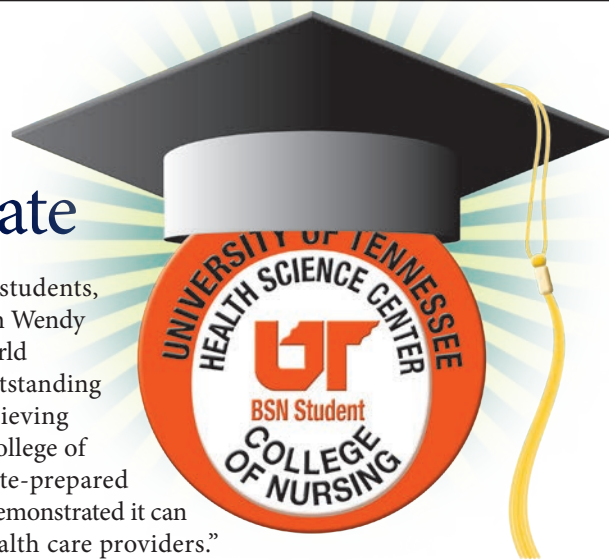
Adele Hixon-Day

## First BSN Graduating Class Achieves 100% NCLEX Pass Rate

The first graduating class of the reactivated Bachelor of Science in Nursing (BSN) Program graduated in December 2014, and 35 out of 35 students passed the NCLEX (National Council Licensure Examination) on their first attempt. To compare, the average for the state of Tennessee is 87 percent and the national average is 81 percent.

"I am so proud of our faculty, our students, and our reactivated BSN program," Dean Wendy Likes said. "A perfect pass rate is real-world evidence of the commitment of our outstanding faculty and the high-quality, high-achieving applicants who choose to attend the College of Nursing. The demand for baccalaureate-prepared nurses is increasing, and the CON has demonstrated it can provide these very needed integral health care providers."

The BSN program received full approval from the Tennessee Board of Nursing on May 14, 2015.



## College of Allied Health Sciences Renamed College of Health Professions

On July 1, 2014, the College of Allied Health Sciences at UTHSC officially changed its name to the College of Health Professions (COHP). Founded in 1972 as the College of Community and Allied Health, the unit's name was abridged to the College of Allied Health Sciences in 1985.

"The name change is in keeping with national trends and will bring the college into better alignment with the university and with our various areas of specialty," said Noma Anderson, PhD, dean of the college. "The term 'allied health' has been in use since the 1930s and was coined at a time when our disciplines were perceived as ancillary to health care. Today, allied health professionals, as a diverse group, account for more than half of the health care workforce in the United States."

Over the past several decades, the scope of practice, autonomy, and education of health professions team members have all evolved. As

a result, the entry-level education requirements for most health care professions are at the graduate and post-baccalaureate level.

"Changing our name to the College of Health Professions presents a more accurate reflection of the vision and mission of our college as articulated by our faculty, students, staff and alumni," Dean Anderson said.

The COHP has some 8,500 alumni, many who work in clinical, administrative, educational and service roles throughout the state of Tennessee and around the world. While its administrative offices and most educational programs are located on the UTHSC Memphis campus, the college also has a major presence in Knoxville, where UTHSC is constructing a \$20 million facility for the college's Audiology and Speech Pathology Department.

## UTHSC Receives Independent University Accreditation from SACSCOC

During its meeting on June 11, the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) Board of Trustees approved the accreditation of UTHSC as a separate university. SACSCOC is the regional body charged with accreditation of degree-granting higher education institutions in the southern states.

UTHSC is now independent from the "Big Orange" conglomerate, which had previously included UTHSC. "Big Orange" still consists of UTK (Knoxville), UTIA (Institute of Agriculture), UTSI (Space Institute) and UTIPS (Institute for Public Service), and is itself accredited by SACSCOC.

"For several years, UTHSC has been working toward independent accreditation as a stand-alone university; and we are extremely pleased that the extensive SACS peer review process resulted in no adverse findings or recommendations," Chancellor Schwab said. "The completion of this process to independent university status in a rapid and efficient manner is both a remarkable and laudable achievement."

"We remain an integral component of the UT System of universities overseen by President DiPietro and governed by the Board of Trustees of the University of Tennessee," the Chancellor said, noting, "I want to thank the leadership of the institution and all those who contributed both directly and indirectly to this strategic effort. The independent institutional accreditation of UTHSC reflects the ongoing high level of activity and myriad contributions of UTHSC faculty, students and staff."

## Professor Michael Carter Receives 2015 NONPF Lifetime Achievement Award

The National Organization of Nurse Practitioner Faculties (NONPF) has selected Michael Carter, DNSc, DNP, FAAN, DCC, as the recipient of its 2015 Lifetime Achievement Award. Dr. Carter, a University Distinguished Professor in the Department of Advanced Practice and Doctoral Studies in the UTHSC College of Nursing, received the award during the organization's 41st annual meeting recently in Baltimore, Maryland.

Each year, the NONPF board of directors selects one or more honorees whose contributions have been visionary and stalwart in successfully developing and promoting the role of the nurse practitioner. Selection for the award requires that the individual or entity meet one or more of the select criteria:

- Pioneered in and/or provided leadership of new programs, new models, specialties or research related to nurse practitioners.
- Promoted the role of nurse practitioners through political, media, organizational, academic and other processes.
- Attained leadership positions of distinction in the academic, government and/or community arena.

### An Innovator in Advancing the Role of the Nurse Practitioner

A nurse practitioner (NP) since 1973, Dr. Carter was an early innovator in the role, always advocating for increased access and opportunities for nurse practitioners in rural areas. He was also one of the early mavericks



Dr. Michael Carter receives the National Organization of Nurse Practitioner Faculties 2015 Lifetime Achievement Award from Sheila Melander, PhD, RN, ACNP-BC, FCCM, FAANP, the organization's president and a former UTHSC professor.

who pushed to practice to the extent of educational preparation before state recognition of the NP was honored. He became involved in NP education and saw the rapid growth of programs in the '80s and '90s. He was one of the forerunners of doctoral preparation for the NP, leading the development of one of the first practice doctorate programs at UTHSC, where he served as dean of Nursing and professor from 1982-2000.

Dr. Carter provided guidance to other programs in the early evolution of the DNP degree. Within NONPF, he participated in the workgroup that identified the first set of DNP-level NP core competencies. In this work, he

pushed the term "independent practice" in support of policy efforts to advance the nurse practitioner's authority at state levels.

Among the many prominent positions Dr. Carter has held to advance nursing education and practice are leadership roles within NONPF, the Frontier Nursing University Board, and the American Academy of Nursing.

Dr. Carter's work extends beyond the United States. He was asked to travel to the city of Perth in Western Australia, one of the most isolated cities in the world, to establish primary care nurse practitioner clinics to help deliver health care to isolated regions. He also helped establish a doctoral-level degree at Curtin University in Perth.



In August 2014, Chancellor Steve J. Schwab held a special town hall meeting to lay out UTHSC's plan to boost research.

Photo: Jane Pate

# Research

## Call to Action

By Peggy Reisser Winburne

**B**ricks-and-mortar proof of UTHSC's commitment to research expansion is on display 24/7, 365 days a year at the corner of Union Avenue and Manassas Street.

The \$49 million Translational Science Research Building, which has risen over the last 2.5 years at that very prominent intersection, is set to open in 2015 and house state-of-the-art lab spaces and the top-level investigators to staff them. Nearly its mirror image, the adjacent Cancer Research Building at the corner of Manassas and Madison Avenue opened in 2007 and houses researchers investigating new treatments for all types of cancer.

These striking new buildings on the western edge of campus are major steps toward UTHSC's goal to move into the top quartile of research-based academic health science institutions, but they are not the only efforts in progress to grow the research mission.

In August 2014, Chancellor Steve J. Schwab held a special town hall meeting to lay out UTHSC's plan to boost research, one of the university's four main missions along with education, clinical care and public service. Major strides have been made in education, clinical care and community service at UTHSC, Dr. Schwab said.

UTHSC has also continued to grow the amount of sponsored programs or non-clinical grants and contracts including research it brings to the University of Tennessee System. Those dollars have gone from \$166.54 million in 2008-2009 to an estimated \$215 million to \$220 million in 2014, making UTHSC the largest creator of sponsored-program dollars in the UT System.

But the shifting climate for federal funding for science research and the increased competition for dollars necessitates that UTHSC work harder to grow its independent research revenue and take better advantage of new sources of available funding, Dr. Schwab said.

### The plan to do this has four major components:

- Build UTHSC's base of funded and successful independent investigators, particularly in targeted areas of cancer research, child health and asthma, diabetes and health disparities. At least 50 recruits have been hired or are in the process of being hired, he said. New recruits and existing investigators will be better supported with better facilities, infrastructure improvements for clinical trials, bridge funding and incentives.

- Leverage key research partners and facilities. Established and successful partnerships with St. Jude Children's Research Hospital and Le Bonheur Children's Hospital will be strengthened and expanded to build research opportunities in children's health, including cancers, obesity, diabetes, asthma and other diseases. UTHSC's bonds with Oak Ridge National Laboratory will be strengthened to create a joint institute for health informatics, computational genomics and drug discovery.
- Recruit a vice chancellor of research to helm the research effort.
- Expand clinical and translational research with UTHSC's large clinical enterprise and hospital partners as a base. "We need to leverage the clinical enterprise we know we have so that we can develop the research we know we can do," Dr. Schwab said. Funding is in place and efforts under way to build a data repository for clinical research.

Chancellor Schwab says, "We believe we have the opportunity to make major advances over the next five years, and we're prepared to make the investments of time, effort and money to get where we need to go in research."

## Sleep, Behavior and Thinking: Exploring the Connection



Dr. Kristen Archbold uses special materials to demonstrate the CPAP device to young patients.

**K**risten Archbold, RN, PhD, has spent 17 years researching connections between sleep and the behavior and thinking patterns of school-aged children. In particular, she is working with children ages 6 to 12 who have obstructive sleep apnea, a condition that affects children and adults and causes them to stop breathing many times during a night's sleep. Her latest research explores if treatment with a continuous positive airway pressure (CPAP) machine impacts sleep patterns, cognition and behavior for children with this condition.

Dr. Archbold, associate professor in Academic Programs in the UTHSC College of Nursing, has received a \$248,460 grant from the National Heart, Lung, and Blood Institute, a subsidiary of the National Institutes of Health. The one-year grant will be used to support a study titled, "Neurobehavioral Effects of PAP Therapy in Children with Obstructive Sleep Apnea."

In the study, children will get either a placebo machine or a CPAP machine for three months. After three months, the placebo machine will be replaced with a CPAP machine, and all the children will be on a CPAP machine at that point.

"We can then determine the extent to which use of the machine contributes to any behavioral and cognitive improvements noticed among the children," Dr. Archbold said. With the study, we hope to determine if CPAP therapy treatment for obstructive sleep apnea ultimately helps to improve sleep patterns, cognition and behavior for our children."

The study may also identify additional benefits for children with apnea. Treatment with consistent use of a CPAP machine has been linked to improved cardiovascular and metabolic health in adults, Dr. Archbold said. "Our research is also hoping to understand if and how this holds true in children who use a CPAP machine on a consistent basis."

## Methodist University Hospital Changes Name to Methodist UT Hospital

**O**n Feb. 25, the University of Tennessee initials reappeared on a Memphis hospital for the first time since the UT Bowld Hospital closed its doors in 2004.

The UT icon was added to new exterior signage at Methodist University Hospital, and the hospital is now referred to as Methodist UT Hospital in recognition of the successful and growing partnership between UTHSC and the Methodist Le Bonheur Healthcare system. The new signage is located above the hospital's main entrance and Emergency Department entrance.

Members of the UT board of trustees, in Memphis for their winter meeting, joined administrators and dignitaries from Methodist and UTHSC for a luncheon and unveiling of the new signage.

Methodist UT Hospital, the largest and most comprehensive hospital in the Methodist Le Bonheur Healthcare system, is a core teaching hospital for UTHSC. Faculty members from UTHSC make up a significant complement of the physicians and clinicians who provide care at the



hospital while teaching the next generation of health care professionals in the clinical and hospital setting. The hospital is also home to UT Methodist Physicians, an academic physician practice group created in 2013 as an outgrowth of the partnership between the university and the hospital.

"Placing the UT initials on the downtown Methodist hospital building and reframing the name as Methodist UT Hospital reflects the convergence of the UTHSC and Methodist missions and visions," said UTHSC Chancellor Steve J. Schwab, MD.

## Dr. Wendy Likes Appointed Dean for the College of Nursing

Wendy M. Likes, PhD, DNSc, APRN-BC, permanent dean for the College of Nursing

Steve J. Schwab, MD, chancellor at UTHSC, has named Wendy M. Likes, PhD, DNSc, APRN-BC, permanent dean for the College of Nursing, after more than 10 months as interim dean. In this role, Dr. Likes will serve as the lead administrator for the college with responsibility for managing a team of more than 105 faculty and staff members. The permanent appointment became effective on June 10.

"As a Nursing faculty member since 2004, Dr. Likes has consistently demonstrated a spirit of innovation and a commitment to teamwork," said Chancellor Schwab. "As interim dean, she has established herself as a collaborative and insightful leader whether working with partners, faculty, staff or students. The reputation and industry connections she has built over her years in this discipline will serve Wendy and our institution very well. We are pleased to welcome her to this new, challenging role."

A three-time alumna, Dean Likes earned her MSN, DNSc and PhD from the UTHSC College of Nursing and has been a nurse since 1994. Prior to her appointment as interim dean, she served for more than two years as associate dean and chair for Advanced Practice and Doctoral Studies. As dean, she will also hold the Ruth Neil Murry Endowed Chair in Nursing. Dr. Likes is also executive director for UT Medical Group's Center for HPV and Dysplasia, which focuses on the detection and treatment of HPV-related conditions. She has been evaluating and treating diseases of the lower genital tract for more than 15 years and was instrumental in making the center one of a few practices in the South offering a procedure to detect pre-cancerous anal cancer, providing an essential service for the community.

"It is the development I received as a student at UTHSC that gave me the confidence and ability to share my knowledge with others through my faculty role. It is the resources and support I have received as a faculty member at UTHSC that have afforded me the opportunity to do what I love, and to explore meaningful ways to improve the care we provide to our patients and the community, and to grow as a nursing leader," she said. "I look forward to working with UTHSC leadership as well as with the College of Nursing team to continue the proud tradition of nursing leadership and innovation. Our College of Nursing is uniquely positioned to lead the state of Tennessee and the region in nursing research, education and practice to have a meaningful impact on the health of our community. I am honored to enter into the role of permanent dean for the College of Nursing and to have the opportunity to work side by side with our creative faculty and forward-thinking chancellor."

During her tenure at UTHSC, Dr. Likes has worked in the Colleges of Nursing, Medicine and Graduate Health Sciences, first as an assistant professor for more than five and one-half years, then as an associate professor in the same three colleges from July 2009 to the present. She also served for four months as chair for the Acute Care and Chronic Care Department in the College of Nursing before being named the associate dean for Advanced Practice and Doctoral Studies in November 2012. Her hospital appointments include work as a hospice, agency and staff nurse with Methodist Alliance Healthcare, Nursefinders, and Le Bonheur Children's Hospital, respectively.

She also spent six years as a staff nurse with St. Jude Children's Research Hospital, and has served as a nurse practitioner since 1999 in hospital, clinical and medical practice settings. Additionally, since 2005, Dr. Likes has been teaching a range of courses to nursing students, including pharmacology, adult health gynecology and techniques in evidence-based practice.

Dr. Likes has served as principal investigator or co-investigator for more than \$1.2 million in grants and special project funding from organizations that include the National Institutes of Health and Department of Energy. She has authored or contributed to more than 20 peer-reviewed journal articles; given nearly 50 presentations at regional, national and international health care industry conferences, conventions and meetings; developed or contributed to nearly 20 research poster presentations; and served on numerous health care committees and advisory boards. She is currently co-chair of the Special Populations Committee for the American Society for Colposcopy and Cervical Pathology; chair of the Research and Awards Committee for Sigma Theta Tau-Beta Theta chapter; and a member of the Women's Health Advisory Committee for the State of Tennessee. Her many honors and awards include the American Association of Colleges of Nursing Leadership for Academic Nursing Program Fellow (2013), and Excellence in Practice Beta Theta Award (2013). Dr. Likes is a member of the American Society of Colposcopy and Cervical Pathology, American Nurses Association, International Society for the Study of Vulvovaginal Diseases, and Sigma Theta Tau Nursing Honor Society.

## Le Bonheur Listed Among U.S. News & World Report's 2014-15 Best Children's Hospitals

U.S. News & World Report has recognized Le Bonheur Children's Hospital in seven specialties in the 2014-15 Best Children's Hospitals rankings. Recognized specialties include cardiology/heart surgery, neonatology, nephrology, neurology/neurosurgery, orthopedics, pulmonology and urology.

The Best Children's Hospitals rankings highlight U.S. News' top 50 U.S. pediatric facilities in cancer, cardiology & heart surgery, diabetes & endocrinology, gastroenterology & GI surgery, neonatology, nephrology, neurology & neurosurgery, orthopedics, pulmonology and urology.

"The University of Tennessee Health Science Center is proud to be the major academic partner of Le Bonheur Children's Hospital and, as such, we are proud to celebrate this continued acknowledgement of Le Bonheur as one of the nation's Best Children's Hospitals," said UTHSC Chancellor Steve J. Schwab. "Since the vast majority of the physicians at Le Bonheur are UTHSC faculty members, it is our joint physician-faculty who provide the clinical care for patients and the training for generations of new pediatric care professionals."

"We are thrilled to be recognized as one of the country's best children's hospitals," said Le Bonheur president and CEO Meri Armour, MSN/MBA. "We use the U.S. News process as a way to improve the care we offer children."

## Communications and Marketing Wins Six Awards in International Competitions

### MarcCom International

The UTHSC Communications and Marketing Department earned distinction for their three entries in the 2014 MarCom International Awards, which drew more than 6,500 entries from throughout the United States, Canada and 15 other countries.

A Gold award went to the Crisis Center Awareness Campaign in the category titled Media Relations/Publicity/Publicity Campaign.

The winter 2014 issue of Dentistry alumni magazine claimed the second UTHSC Gold. The publication won in the Magazine/Educational Institution category.

Artwork specially developed for Mayor A C Wharton's Colleges of Memphis initiative earned an Honorable Mention in the category of Design/Illustration/Graphic Design/Infographic.

### Communitas Awards

The department also submitted the "LIVE! Just As We Are" campaign in the Making A Difference category of the Communitas Awards, earning a win in that competition as well.

Communitas Awards recognize "exceptional businesses, organizations and individuals that are unselfishly giving of themselves and their resources, and those that are changing how they do business to benefit their communities," the award letter stated. Communitas is inspired by the vision of a better world and is an attempt to do something about it through volunteerism, investment and ethical, sustainable business practices.

### Hermes Creative Awards

The department received a Gold Award for each of its two entries in the 2015 Hermes Creative Awards.

This year, the Hermes Creative Awards drew more than 6,000 entries from the United States and 22 other countries. The awards are administered by the Association of Marketing and Communications Professionals (AMCP).

The UTHSC team collected Gold in the Pro Bono category for its design, photography, media relations and extensive support for the "LIVE! Just As We Are" Breast Cancer Awareness and Action Campaign.

The second Gold Award was for the College of Pharmacy Fall 2014 alumni magazine, which was entered in the Publications/Magazine category.



### UTHSC Makes 2014 Top Memphis Workplaces List

UTHSC has been named one of the 2014 Top Workplaces in Memphis by The Commercial Appeal.

The distinction, given to a total of 50 large, medium and small workplaces, is based solely on surveys completed by employees. The newspaper partnered with WorkplaceDynamics, an employee survey firm in Philadelphia, to identify the best places to work based on factors including training, direction, retention, motivation, benefits and pay. The survey also measured how employees feel about their jobs.

More than 800 companies were invited to participate, and almost 19,000 employees responded on paper or online to the 22 survey questions.

Chancellor Steve Schwab, MD, applauded UTHSC team members for the honor. "Your efforts every day make UTHSC a great place to work. They also make Memphis, the state of Tennessee and the Mid-South a healthier and better place to live," he said.

UTHSC was also recently named a "Healthier Tennessee Workplace" by Governor Bill Haslam's Foundation for Health and Wellness. The award recognizes organizations that encourage employees to live healthier lives at work and at home.



Ken Brown, JD, MPA, PhD, FACHE, executive vice chancellor and chief operations officer, made the case for the future at the Oct. 27 UTHSC Master Plan Open House.

The UTHSC campus of the future will have at least 15 new buildings to meet expanding academic, research, clinical care and support needs. It will also have improved pedestrian and bicycle routes, better traffic flow, more parking, well-designed green spaces and landscaping, prominent signage, 10 renovated buildings, and updated housing options.

The improvements are part of a Campus Master Plan designed to enhance UTHSC's stature as an urban academic medical center and secure its spot as the nucleus of the evolution of the Memphis Medical Center district. The plan was unveiled Oct. 27, 2014 during an open house for faculty, staff, students, the media and the community. The event showcased the first major blueprint for growth of the university since the 1990s.

**A Plan for the Future**

The plan, drawn by the award-winning architecture and design firm of Perkins + Will after more than a year of discussions with

"In five years, we're going to all be talking about what a wonderful job we did, patting ourselves on the back about what we did to take this community into the next millennium, or we could all be looking at each other ashamed of ourselves for squandering the opportunity that we had," Ken Brown, UTHSC executive vice chancellor and chief operations officer, said. "We are looking to the former, as opposed to the latter."

Among the 15 new buildings and structures are a College of Medicine Building, a College of Health Professions Building, the Multi-Disciplinary Simulation Building, a second College of Dentistry building, the Plough Center for Sterile Drug Delivery Systems, the Women's and Infants' Pavilion, two research buildings, an expanded recreation center, a primary care clinic, a transit and parking center and several parking decks.

A full draft of the UTHSC Campus Master Plan is available at: <http://www.uthsc.edu/masterplan>. A video of the presentation from the Campus Master Plan Open House is available at: <https://hml.uthsc.edu/Play/1124>.

# The Shape of Things to Come

faculty, staff, students and community stakeholders, focuses on giving UTHSC's urban campus a clearer sense of identity, showcasing existing and emerging research and clinical centers of excellence, strengthening use of Health Sciences Park as the campus heart or center, making campus open spaces useful and attractive, reinforcing strong pedestrian routes, and grouping like and complementary endeavors and colleges together for ease of access.

"The best academic medical centers around the country and around the world are attempting to create this incredibly rich mix of clinical care, academic instruction and research," said Krisan Osterby, project manager with Perkins + Will. The emphasis will be on enhancing interdisciplinary cooperation, she said.

**A Necessary Commitment**

The upgrades will increase UTHSC's economic impact on the city and state, and better enable UTHSC to improve the long-term health of the community. UTHSC's annual economic impact is \$2.7 billion statewide and \$2.2 billion in Memphis. The university contributes 26,700 jobs across the state, including 21,878 jobs in Memphis.

"In five years, we're going to all be talking about what a wonderful job we did, patting ourselves on the back about what we did to take this community into the next millennium, or we could all be looking at each other ashamed of ourselves for squandering the opportunity that we had."

Ken Brown, executive vice chancellor and chief operations officer

## UTHSC Today



## Campus Master Plan Reveals New Buildings and Amenities



Artist's Rendering of Women's and Infants' Pavilion



Artist's Rendering of Multi-Disciplinary Simulation Building



Artist's Rendering of New College of Medicine Building



Artist's Rendering of Plough Center for Sterile Drug Delivery Systems

## The Future of UTHSC (Showing Planned New Buildings)



## Lori S. Gonzalez, PhD, Appointed Vice Chancellor of Academic, Faculty and Student Affairs

Steve J. Schwab, MD, UTHSC, has named Lori S. Gonzalez, PhD, vice chancellor of Academic, Faculty and Student Affairs. Dr. Gonzalez joins UTHSC from the University of North Carolina General Administration, the North Carolina higher education authority, where she served as special advisor to the chief academic officer. As the chief academic officer of UTHSC and its statewide campuses, Dr. Gonzalez will report directly to the chancellor. She is expected to assume her new responsibilities, working from UTHSC's main campus in Memphis, on July 1.



"With more than 27 years of experience in higher education at the university-wide, division, department and college levels, Dr. Gonzalez brings a wealth of experience and insight to this position," said Dr. Schwab. "We look forward to the many contributions she is sure to make to our statewide campus community."

The vice chancellor of Academic, Faculty and Student Affairs is responsible for setting policy and procedure for all academic programs as well as for the development and execution of strategic initiatives to promote these programs. Her office will be responsible for the vision, leadership, policy, and monitoring of academic, faculty, and student affairs for UTHSC. Vigorous advocacy for the academic programs and the intellectual life of the university community is essential.

Dr. Gonzalez will work closely with the deans and other vice chancellors to set academic priorities and to allocate funds to move these priorities forward. She will collaborate with the deans and lead academic planning, policy, curriculum, and program development efforts; provide for meaningful faculty and academic staff development activities; and establish academic budgeting priorities. In this role, Dr. Gonzalez will also serve as the primary academic officer for the interface with the Faculty Senate and academic officers in all colleges.

Dr. Gonzalez is assuming the position being vacated by Cheryl R. Scheid, PhD, who served as UTHSC vice chancellor of Academic, Faculty and Student Affairs since September 2006. In late 2014, Dr. Scheid announced her plans to retire at the end of June 2015, the close of the state's fiscal year.

"Dr. Scheid has served the UTHSC community with commitment, caring and sound judgment, forging close partnerships with her counterparts at the UT system, and working to adjust and improve our organization's academic processes and policies," Chancellor Schwab said. "We wish her all the best as she embarks on her next chapter."

Prior to joining the University of North Carolina in October 2014, Dr. Gonzalez served for three years as provost and executive vice chancellor at Appalachian State University in North Carolina. Before that, she spent 20 years at the University of Kentucky, taking on roles that grew in both levels of responsibility and leadership including assistant professor, associate professor, associate dean for Academic Affairs, and then dean and professor for the College of Health Sciences. Her first 11 years in academia included varied teaching, research and clinical roles that laid the foundation for her successful forays into her expanded teaching and administration positions.

## UTHSC Graduates 698 Health Care Professionals in May

At ceremonies on May 15, 22 and 29, the University of Tennessee Health Science Center graduated a total of 698 health care professionals. Six different graduation ceremonies were hosted by the deans of the six UTHSC colleges. During each of the ceremonies, UTHSC Chancellor Steve J. Schwab, MD, conferred the degrees and give the charge to the graduates.

The 698 UTHSC graduates, along with their friends and families, enjoyed commencement according to the following schedule.

- 175 from the College of Pharmacy on Friday, May 15 at Mississippi Boulevard Christian Church. Speaker: Joseph T. DiPiro, PharmD, Dean, Professor and Archie O. McCalley Chair at the Virginia Commonwealth University School of Pharmacy.
- 116 from the College of Dentistry on Friday, May 22 at Mississippi Boulevard Christian Church. Speaker: James "Jay" R. Hight, Jr., DDS, President of the Tennessee Dental Association and UT College of Dentistry alum.
- 142 from the College of Health Professions on Friday, May 29 at Cannon Center for the Performing Arts. Speaker: Diane Wyatt, MS, retired in 2009 from the UTHSC College of Allied Health Sciences, now the College of Health Professions. She worked at UTHSC in various roles for 18 years and spent 43 years total in the medical laboratory science field, providing didactic and

clinical training along with leadership and service.

- 38 from the College of Graduate Health Sciences on Friday, May 29 at Memphis Cook Convention Center.
- 149 from the College of Medicine on Friday, May 29 at Cannon Center for the Performing Arts. Speaker: Alvin H. Crawford, MD, FACS, first African-American to graduate from the UT College of Medicine in 1964, he served for 29 years as Chief of Orthopaedic Surgery at Cincinnati Children's Hospital Medical Center and now holds endowed chairs there in Pediatric Orthopaedics and Spinal Surgery.
- 78 from the College of Nursing on Friday, May 29 at Cannon Center for the Performing Arts. Speaker: Sherry Webb, BSN, MSN, DNSc, nurse for 43 years and Option Coordinator for the MSN-CNL Program at UTHSC (CNL stands for Clinical Nurse Leader)

This year's graduating class includes 68 African-Americans, 12 Latino-Americans, and 145 graduates who came from out of state to study at UTHSC. In addition, this graduating class comprises 410 women and 288 men. Plus, 26 of the out-of-state dentistry graduates are Arkansans who earned their doctoral degrees from the UTHSC College of Dentistry because their state has no dental college.

# Legacy of Leadership

## Scholarship Fund Honors Dr. Cheryl Stegbauer

by Connie Harris

In a 45-year career, Professor Emeritus Cheryl Stegbauer, BSN, MSN, PhD, touched countless lives from the bedside, clinic and classroom. Having served as a practitioner, professor, researcher and advocate for patients and nurses across the state, she underscores that the worlds of teaching and patient care have been inseparable throughout her professional life.

Her willingness and ability to teach and care for others is apparent to all she encounters. A scholarship honoring her impact was awarded for the first time last fall, a few short months after Dr. Stegbauer retired from UTHSC.

Returning UTHSC student Katherine Petree received her Master of Science in Nursing in 2012, and though she had limited interactions with Dr. Stegbauer, she was inspired by the confidence instilled in classmates more closely connected to the well-known professor. Now pursuing a degree in the Doctor of Nursing Practice Program, she is the first recipient of the Dr. Cheryl Stegbauer Endowed Scholarship.

"Having my name associated with someone like Dr. Stegbauer, who has such a reputation for kindness and advocacy for nurses everywhere, is a huge honor," said Petree.

Dr. Stegbauer's determination to maintain excellence in teaching, and her



Katherine Petree, MSN, and Dr. Cheryl Stegbauer

love of caring for patients motivated her to practice until her retirement.

"I didn't feel that I could teach and inspire my students at the necessary level without practicing," she said. "The perspective provided by a clinical environment is critical and also provided aspects of my professional role that I enjoyed and did not want to leave."

The dedication that came so naturally to her over the years has shaped leaders in the profession, including

UTHSC CON's Dean Wendy Likes, PhD, DNSc, APRN-BC, Ruth Neil Murry Endowed Professor and associate professor in the College of Nursing and in the Department of Obstetrics and Gynecology at the College of Medicine.

"Cheryl's role in the growth of our programs and curricula within the CON and in the nursing profession as a whole for the country cannot be overstated. It has been a privilege to work with her from a number of perspectives," Dean Likes said. "Personally, she has been my teacher, mentor and colleague, and she was the one who encouraged me to pursue an academic career."

Dr. Stegbauer has been a pioneer in advanced nursing practice and education since her career began.

After completing her master's degree at Texas Woman's University in Houston in 1974 – the first master's program for nurse practitioners in Houston – and serving as the first nurse practitioner employed by Baylor College of Medicine to practice in Houston neighborhood clinics, she received a call that enticed her to bring her spirit for leadership back to Memphis.

"Beverly Henry Bowns had joined UTHSC to start a family nurse practitioner (FNP) master's degree program," Dr. Stegbauer said.

Continued



Dr. Bowns' doctorate was in public health from Johns Hopkins, and she envisioned a master's program that incorporated prevention and early intervention as critical aspects of the primary care provided by FNP's.

"She asked me to come back to Memphis as one of her founding faculty members," Dr. Stegbauer added.

As Dr. Bowns built the program – the first of its kind for family nurse practitioners at a state university in Tennessee – she developed partnerships with community clinics serving Memphis' inner city populations. Students experienced unprecedented opportunities to work with patients, and citizens had more ready access to care in their own communities.

"The greatest gifts UT provides to its students and the community are diversity and innovation through the partnerships with providers," Dr. Stegbauer said.

From her perspective, that was evident even in the days of her bachelor's program in the late 1960s. As a UT nursing student, she took care of patients at John Gaston Hospital, which cared for the city's African-

American patients. UT students also had clinical experiences at the newly built facility for the Memphis VA Medical Center.

At the time, the Memphis VA Medical Center included a state-of-the-art spinal cord injury unit and provided care for critically injured veterans returning from the Vietnam War. Experiences in that and other modern care units were beneficial and memorable for students.

When she joined the faculty at UTHSC in 1976, she became one of the visionaries who helped develop programs, mentored students, and reached out to the community.

"Her knowledge base, experience and education are unmatched, and yet she is totally approachable, warm and generous with her willingness to teach and encourage her students' personal and professional growth," said Tracy Rapp, MSN '12, current DNP student.

"She always wanted us to stretch and grow," agreed Jillian (Reese) Smith, MSN '12, currently a nurse in the cardiovascular intensive care unit at Methodist UT Hospital in Memphis.

Both Rapp and Smith recall Dr. Stegbauer's ability as a teacher to utilize her depth

of experience to relate some of the most difficult but critical concepts in nursing and make sure her students could apply them in the field.

In addition to leading classroom and clinical learning experiences for her students, Dr. Stegbauer took a small group of top-performing students to England to observe care in a different setting.

Smith, who participated in the study-abroad program, said Dr. Stegbauer allowed the trip to serve as its own teacher, playing the role of a guide along the way.

"She directed us toward points of interest ... and we learned through our conversations with her," Smith said.

Exposure to a different health care model was something Dr. Stegbauer felt was a critical component of the study-abroad experience. The students visited a wide range of facilities and examined, both formally and informally, the differences between the U.S. and U.K.



Jillian Smith, MSN, and Dr. Stegbauer in England

models. They also visited Eyam, known as "The Plague Village," which served as a museum of sorts, showcasing the everyday heroes – the citizens who led the village through its 1665 tragedy.

The time in Eyam provided amazing historic epidemiological data from the village and even led unexpectedly to a comparison study when a case of Bubonic Plague occurred in Texas. Lisa Campbell,

DNP '11, former study-abroad student and a Texas resident, co-authored with Dr. Stegbauer and Bill Stroube, PhD, the paper "Lessons from History: the 1665 Plague in Eyam, England" in the Texas Public

Health Association Journal in 2013.

"Her passion is infectious," Smith said. "It drives her to raise the standards for the profession."

"The eye she has for finding the areas of opportunity in this profession – it enables her to influence progress in nursing."

This passionate pursuit of a healthier society resulted in the creation of the Stegbauer Scholarship by an alumnus who was grateful for the changes effected through her work. Just as her dedication and impact have influenced myriad students, colleagues and patients, the scholarship endowment will fund students indefinitely.

While Petree, Smith, and Rapp represent the broader student body's perspective that they were lucky to have her influence in their lives, Dr. Stegbauer is equally grateful to have worked with the students attracted by UTHSC.

"Our students have always been incredible," Dr. Stegbauer said.

**"She always wanted us to stretch and grow."**

Jillian (Reese) Smith, MSN '12

*UTHSC friends, alumni, faculty and staff who wish to support the Dr. Cheryl Stegbauer Endowed Scholarship can make gifts online at [uthscalumni.com/stegbauer](http://uthscalumni.com/stegbauer), or by contacting the Office of Development and Alumni Affairs at (901) 448-5516 or (800) 733-0482.*



## Scholar Profile: Katherine Petree

Perhaps the greatest endorsement of a degree program is an alumna who returns to further her education. For Katherine Petree, MSN '12, it was "UT or nothing."

Petree earned her master's from UTHSC's College of Nursing and worked two years as a chemotherapy nurse before returning to the Doctor of Nursing Practice Program.

"I knew I was going to get a great education here, because I already have," she said.

Petree chose a career in nursing after personally experiencing the impact of nurses on patients and families. She was at her father's side through a health scare in 2008 and still remembers the kindness and care shown to him and their family throughout his treatment. Shortly after that experience, she enrolled in UT's master's program.

Petree eventually met faculty member Cheryl Stegbauer, whose encouragement and professionalism left a deep impression. Katherine was honored to be the first recipient of the Dr. Cheryl Stegbauer Endowed Scholarship when she entered the DNP program in 2014.

"Nursing school is difficult; it's intimidating," she said. "Dr. Stegbauer instills such confidence in her students, and I am so grateful for her."

The award provided a sense of accomplishment for Katherine. It enforced that her career and educational choices are the right ones, and that she is just the person to exemplify the values modeled by Dr. Stegbauer.

Cheryl Cummings Stegbauer teaches a nurse practitioner class in 1977.



FROM YOUR ALUMNI BOARD PRESIDENT



PATTI KETTERMAN, DNSc, RN, NHA, NEA-BC

Fellow Alumni,

It has been an exciting first year for me as board president! I'm honored to spend time with you every chance I get. No one could have ever conveyed how truly inspiring it is to speak with our accomplished colleagues in my current capacity. It's humbling to be a UTHSC College of Nursing alumna!

Our last Golden Graduate Reunion was a great success. We welcomed our 50-year graduates back to campus to see the college, enjoy the city, and simply be together. Plans are in the works for the 2015 event October 14-16, and I'm sure it will be a wonderful event for members of the Class of 1965. We will have coverage of May's Alumni Weekend in our next issue.

In the November meeting of the alumni board, we had some great discussion, and you can expect to hear from your representatives more frequently. We want to hear from you, see you, and tell the world about the great accomplishments by fellow alumni, and we also want to let you know about the great things happening at UTHSC and how you can be a part of it.

Stay in touch and get involved! Your pride in your alma mater will grow with every opportunity you have!

Sincerely,

*Patti Ketterman*

Patti Ketterman, DNSc, RN, NHA, NEA-BC '06  
President, UTHSC College of Nursing Alumni Association Board of Directors



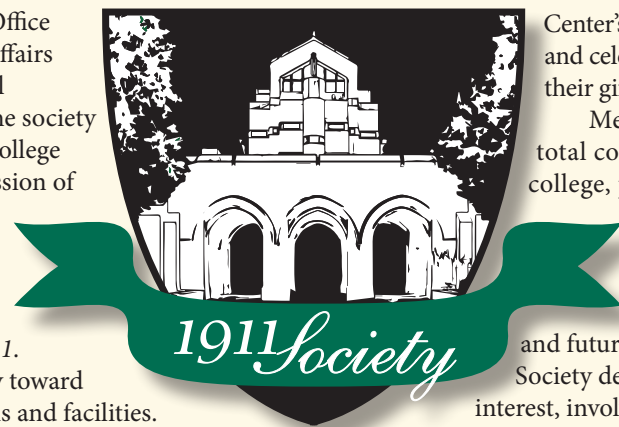
Dean Wendy Likes welcomed members of the Class of 1964 to the Golden Graduate festivities. (left to right) Sari Bledsoe, Nancy Burton, Josile Parsons, Dean Likes, Ada Sparkman, Sue Sawrie, and Rebecca Ragland.

## Thank You for Your Membership in the 1911 Society

The UT Health Science Center Office of Development and Alumni Affairs is pleased to record a successful inaugural year for the 1911 Society. The society recognizes annual supporters of the College of Nursing, who are critical to our mission of educating some of the best minds, conducting innovative research, and improving health. The listing is available through the 1911 Society Members link at [uthscalumni.com/1911](http://uthscalumni.com/1911).

"The gifts we receive go a long way toward helping our students, faculty, programs and facilities. To each of you who has given, thank you," said Randy Farmer, vice chancellor for Development and Alumni Affairs.

"From recent graduates to alumni, friends, faculty and staff, we are honored to extend 1911 Society membership to our annual donors," Farmer added. Named for the year of the Health Science



Center's founding, the 1911 Society recognizes and celebrates total giving by donors who make their gifts between July 1 and June 30 each year.

Membership levels are based on total contributions during the year to any college, program or fund at UTHSC. Gifts can be renewed annually to retain membership.

"Private donors to our campus are the leaders of our past, present and future," Farmer said. "Members of the 1911 Society demonstrate an extraordinary level of interest, involvement and dedication through their generous financial support."

Your loyalty matters to us, to our students, and to you. For more information on how to make a gift and become a member of the 1911 Society, please contact the Office of Development and Alumni Affairs at (901) 448-5516 or visit online at [uthscalumni.com/1911](http://uthscalumni.com/1911).

The UTHSC CON welcomed back to campus six graduates from the Class of 1964 and before, along with their guests, for the Second Annual Golden Graduate Homecoming events, Oct. 15 - 17, 2014.

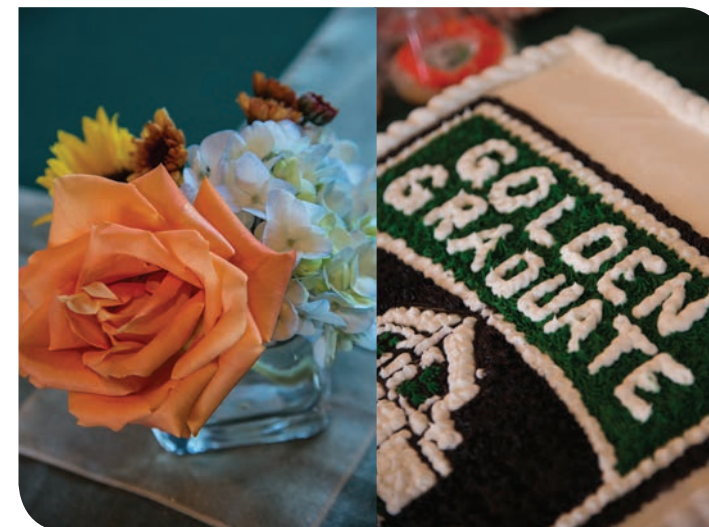
Chancellor Emeritus Hershel P. "Pat" Wall, MD, celebrated the 50th anniversary of the Class of 1964 with a presentation of medals designating the alumni as Golden Graduates. The events balanced social activities with informational presentations and discussions.



The Golden Graduates and their guests arrive at the Pink Palace Museum

Attendees had the opportunity to reconnect with one another at the famous Charles Vergos' Rendezvous restaurant and the Pink Palace Museum. Their time on campus included guided tours of facilities and networking opportunities to hear about the growth and accomplishments at UTHSC, as well as plans for the future.

Key UT system and UTHSC leaders were on hand to meet the celebrated alumni and answer questions. A total of 158 guests representing all colleges gathered to celebrate the 50-year milestone.



# ALUMNI AWARDS WINNERS

## Most Supportive Alumnus

Samuel Louis Maceri, RN, MPA, DNSc, NEA-BC

Dr. Samuel Louis Maceri is past president and permanent member of the University of Tennessee Nursing Alumni Board, and has served on the Community Advisory Committee for a number of years. These service positions, as well as his career path, reflect his strong belief in giving back to those important in his life and career.

Born in Memphis, he received his Doctor in Nursing Science degree from UTHSC in 2002. Additionally, he holds bachelor's degrees from St. Mary's College and Catholic University of America; an associate's, bachelor's, and two master's degrees from the University of Memphis; and a master's in nursing from UTHSC. He is certified by the American Nurses Credentialing Center as Nursing Executive-Advanced, Board Certified.

Dr. Maceri serves as an adjunct faculty member at Southwest Tennessee Community College and UTHSC, with classroom and clinical instruction responsibilities in the field of mental health nursing. He is a part-time faculty member at the University of Memphis, where he teaches graduate courses on health care policy and scholarly synthesis. He also serves on the faculty at Faith Community Nursing, where he teaches nursing ethics.



Samuel Louis Maceri, RN, MPA, DNSc, NEA-BC

Career highlights for Dr. Maceri include positions in mental health nursing, staff development and education, and administration at mental health hospitals, and rural and urban hospitals. He was the director of education and support at St. Jude Children's Research Hospital from 1999 to 2012 when he assumed

responsibility for development and implementation of the Nurse Residency Program there.

Dr. Maceri is a member of the Tennessee Nurses Association, the National Nursing Staff Development Association, Pi Alpha Alpha Public Administration Honor Society, and Sigma Theta Tau.

## Outstanding Alumna

Judy Carbage Martin, PhD, FNP-BC

Native of Memphis, Judy Carbage Martin is following her life verse – Luke 12:48, “For unto whomsoever much is given, of him shall be much required: and to whom men have committed much, of him they will ask the more” – in her life calling as a professional nurse.

“I chose nursing as a profession during early childhood ... yet I never dreamed that I would be blessed with such vast career opportunities that would support accomplishments of my dreams, from becoming a public health specialist, to a nurse practitioner, to an educator, to an executive,” said Dr. Martin.

Dr. Martin earned a nursing diploma from Methodist Hospital School of Nursing; a bachelor's degree from the University of Memphis; and a master's, certificate in primary care nursing, and a PhD from UTHSC. She holds the distinction of being the first African-American to earn a PhD in nursing from a Tennessee university.

Dr. Martin's practice experience includes service as a medical-surgical nurse and a family nurse practitioner, and she has provided primary care for underserved populations. She considers her most satisfying practice experience the development of the “Silver Stars Clinic” at the Health Mid-South Health Loop Clinic where she promoted optimal health in older adults with varied chronic conditions. This work earned her the Tennessee Nurses Association Council on Gerontology and Long Term Care Nurse Award in November 2000.

Her many contributions to the educational development of nurses at all levels include serving as instructor in the diploma program at Methodist Hospital School of Nursing and then tenured associate professor, teaching at BSN, MSN, PhD and postdoctoral levels at the UTHSC Colleges of Nursing and Graduate Health Sciences.

Honors for her work as an educator include the Celebrate Nursing Award, UTHSC's Golden Apple Award, the SGAEC Faculty Excellence Award, and recognitions among Who's Who for several organizations. In 2003, she was recruited as the chief of nursing at the Shelby County Health Department while serving as adjunct associate professor for UTHSC's College of Graduate Health Sciences. Dr. Martin was the first African-American ever appointed to this position, and she has been reappointed by two Shelby County mayors.

Throughout her accomplished career, Dr. Martin has been the first to acknowledge that the opportunities she has enjoyed were made possible by those who preceded her, and this perspective motivates her to devote much of her professional and personal time to providing service to others in need.

“I was given the gift of opportunity in nursing, and I have done all within my power to demonstrate that I am deserving and appreciative,” Dr. Martin said. “More importantly, I understand the importance of passing it on! I must serve others in order to feel that I am giving at least a portion of what is required of me and to share my blessings.”



Judy Carbage Martin, PhD, FNP-BC

“Through mentoring high school and undergraduate students with interest in a health sciences profession, I hope to provide guidance needed to help them appreciate and maximize opportunities that cross their paths and then to share it with someone coming along behind them as well.”

Dr. Martin is married to her best friend, Willie Martin, and they have two adult children, Julia Martin Steed (a nursing PhD candidate at Vanderbilt University, and wife of Ronald) and William, III (master's-prepared certified public accountant), and one granddaughter, Olivia Marie.

# Where would you be without UTHSC?

## M'Liss Darr Mather, BSN '78

Hometown: Memphis

Current home: Kingsport, Tennessee

Family: Spouse: Jon Mather, DDS '79

Sons: Seth (30), wife Jessica; David (26), fiancée Madeline

Titles/certification: Registered diagnostic cardiac sonographer in adult echocardiography and pediatric echocardiography

### Career:

My nursing career took an unusual turn in the early 1980s when cardiac ultrasound was a new diagnostic tool. The technology was so new that there were no formal training programs. Cardiologists were hiring RNs with a cardiac background and teaching them how to perform echocardiograms.

I am one of those "old-timers" who learned cardiac ultrasound by on-the-job mentoring from cardiologists and other RNs already trained. In the last 20 years, most cardiac sonographers are no longer RNs, but instead are graduates of associate- or bachelor-level cardiovascular technology programs.

Having a BSN has been an advantage in my specialty. My nursing education in anatomy and physiology of the circulatory system has helped me become a better sonographer, and the two years I spent in the cath lab also gave me a much better understanding of heart disease.

Thirteen years ago, I moved from adult echocardiography in a hospital setting to pediatric echocardiography in a private practice setting, and it's been the most rewarding and challenging job I've had. On every patient I'm looking for any anatomical abnormalities. Congenital heart disease occurs in about 1 percent of births, making it the most common form of birth defects. Fortunately, most pediatric patients have simple, rather than complex, congenital disease, but I see both kinds of patients routinely.

### Previous Work Experience:

2001-present: Tri-City Pediatric Cardiology, Johnson City, Tennessee (a private practice limited to pediatric cardiology with limited fetal echocardiography)

1980-2001: Wellmont Holston Valley Hospital and Medical Center, Kingsport, Tennessee (noninvasive cardiac testing, vascular ultrasound testing, and cardiac cath lab)

1979-1980: UT Medical Center, Knoxville (operating room nurse)

1978-1979: Methodist Central Hospital, Memphis (operating room nurse)

### What is your favorite memory as a UT student?

My favorite memories are the times I spent with friends. The campus was much different in the late 1970s because many students lived on campus back then. About half of the nursing students lived in Randolph Dormitory next to the Student Center at the corner of Madison and Manassas. (It was recently torn down, and another building will go up soon in that location.) The dorm was coed, and male students had the bottom three floors and the females had the top nine floors. Randolph housed students from all the UTHSC Colleges.

In addition to the fun of meeting other students, it was very affordable and convenient for those of us who didn't own a car. Back then, the Student Center had a cafeteria, a snack bar, big screen TVs, lounge areas, and an arcade room. Randolph and the Student Center were also connected to the gym and pool with a secure, underground walkway.

Another favorite memory is my part-time job as a lifeguard at the indoor pool. It was a great job that allowed me to study while overlooking the pool, wash my laundry (for free!) at the pool's washer/dryer, and meet other students who were using the pool and gym. I met my husband there; he and his friends were exploring the pool and gym during their first week of dental school.

My favorite memories of the college itself are being part of a group sharing the same experience of struggling to get through nursing school. We all felt we were in the same boat together. Also, the relationships with the instructors were much more personal and caring than what I had experienced in my previous university. Dianne Greenhill was a favorite instructor for my class, and she occasionally invited students to her house for a potluck dinner and served us her homemade lasagna. (I still use her recipe.)

### Why did you select UTHSC?

Once I decided to go into nursing, I knew I wanted to pursue a BSN. UT was the only place in Memphis that offered the degree at the time. Although it required five years to complete, I already had some prerequisites and decided it was worth the extra time and expense.

### What are some of the highlights of your professional career?

As a cardiac sonographer for most of the last 32 years, I've seen firsthand amazing changes and advancements in cardiology. With the advancements in pediatric cardiac ultrasound, for instance, it's now possible to get the same information from a cardiac ultrasound test that once required a heart catheterization.

The pediatric practice that employs me follows many children monthly, semi-annually or annually. As I follow the same patients and watch them grow up, I also see their hearts grow and change, and I see the effects of their growth upon their congenital abnormalities. I enjoy being the first person to get my eyes on the images of someone's heart and find out what's going on.

People often ask me if I find my job depressing since I see infants, children and adolescents with heart problems. I always tell them, "No. My job is definitely not depressing." With the rapid advancements in cardiology, even the most serious heart defects that were untreatable in the 1980s now have surgical or other treatment options. It's very rare that one of our patients has a problem for which there is no hope or treatment.

I tell other nursing students, or potential nursing students, that there are so many pathways one can choose with a degree in nursing. There is a niche for everyone. While it may take a while to find, everyone can find his or her niche some day. I certainly never expected my nursing degree to lead to a career in ultrasound imaging. I don't believe cardiac ultrasound was even available when I was in nursing school. But, this is my niche. I've stayed with cardiac ultrasound because I find it fascinating.

I'm one of those lucky people who can say that "I enjoy my job."

### How have you volunteered?

College of Nursing Alumni Board of Directors (since 2008)

### Why did you get involved?

I have happy memories of my time at UT and wanted to serve as a volunteer. From Memphis, and with friends and a few relatives still there, I am able to easily combine visits to Memphis with board meetings. The College of Nursing has changed and adapted over the years with a variety of different educational programs, and being on the Alumni Board has given me a glimpse of these new programs.

### What is your advice to other UT Alumni about getting involved?

Definitely, seize the opportunity to become involved. I've met many great people – volunteers, faculty, and staff – renewed friendships with old friends, and learned so much about what's happening at UTHSC. Our alma mater needs financial support from alumni more than ever, and those serving as board members are actually able to make a difference in how the university can reach out to alumni.

### Where would you be without UTHSC?

It's hard to imagine my life without UTHSC. It's where I earned my degree, where I met my husband, where I began my nursing career. It led me to Kingsport, where I raised my children, and where a fortunate stroke of luck led down a career path to cardiac ultrasound.

M'Liss Darr Mather

## DiPietro Celebrates Legacy Society Members



Joe DiPietro, DVM, president of the UT system, spoke to members of the Legacy Society Oct. 17, at a luncheon to celebrate their partnership with UTHSC. DiPietro shared recent successes and goals, and anticipated challenges with the audience.

UTHSC's Office of Development and Alumni Affairs held its annual celebration for members of the Hershel P. Wall, M.D. Legacy Society at The University Club in Memphis on Oct. 17. UT System President Joe DiPietro, DVM, was the keynote speaker.

The luncheon also featured longtime UTHSC faculty member, and administrator and namesake of the society, Pat Wall. Guests were seated with UTHSC college deans and executive leadership and had the opportunity to discuss visions for the future of their areas and the UTHSC campus.

The Legacy Society honors donors who have committed support to UTHSC through estate planning. Gifts at all levels are recognized with membership, and donors are invited to a yearly celebration of their support. Their gifts enhance the mission of UTHSC through support of scholarships, research, programs and faculty. In turn, graduates take the knowledge, skill and experience gained on campus into the community to enhance and improve health in Tennessee and far beyond.

For information about making a planned gift to any area of UTHSC and Legacy Society membership, contact Bethany Goolsby at (901) 448-4941 or [bgoolsby@uthsc.edu](mailto:bgoolsby@uthsc.edu).

## Kris Phillips, Associate Vice Chancellor of Alumni Affairs, Appointed District III Chair of the Council for Advancement and Support of Education



Kris Phillips, District III Chair Council for Advancement and Support of Education

Kris Phillips, associate vice chancellor of Alumni Affairs at UTHSC has been named chair of District III for the Council for Advancement and Support of Education (CASE). He will serve in the position until 2017.

Phillips was installed during CASE's annual district conference in Orlando, Florida. Nine states comprise District III – Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee and Virginia. It is the second-largest district in North America.

Each of CASE's eight districts has a board of directors to oversee operations, programming and services for members in that region. Each district board is led by a volunteer chair who serves as the chief officer of the district and traditionally serves a two-year term.

Serving in his current position at UTHSC for five years, Phillips previously worked as director of Alumni Programs for the UT Alumni Association based in Knoxville. From 2008 to 2009, he accepted a dual role with the UTAA and as interim assistant vice chancellor for Alumni Affairs at UTHSC.

Founded in 1974 as a merger between the American Alumni Council and the American College Public Relations Association, the Council for Advancement and Support of Education is the world's second-largest nonprofit educational association in terms of institutional membership and serves nearly 78,000 advancement professionals on the staffs of member institutions. For more information, visit [www.case.org](http://www.case.org).

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# CARING FOR THE CAREGIVERS

By Peggy Reisser Winburne

**M**ona Wicks, PhD, RN, FAAN, has been caring about caregivers for almost 30 years.

A professor in the UTHSC College of Nursing, she began conducting research on the mental health of family caregivers during her days in graduate school at UTHSC in the late 1980s.

She had already spent 10 years as a nurse in hospital settings, and had noticed that the patients who did the best had strong family support and care. She'd also seen that those giving that support had their own issues related to the stress and anxiety their roles brought on. And so she has focused her research efforts on understanding and helping to alleviate those issues.

Dr. Wicks is not alone in her interest in the plight of the estimated 65 million people in the United States who provide unpaid care to family members, relatives and friends.

The National Institute of Nursing Research (NINR), part of the National Institutes of Health, has focused attention on caregiving.

"The nursing science community conducts research to clarify and refine the concept and processes of caregiving," said Patricia A. Grady, PhD, RN, FAAN, director of the NINR. "This research plays a vital role in determining the practice and policy implications of caregiving science, and in determining strategies that can promote its critical role in supporting health professionals and family caregivers in managing chronic conditions."

UTHSC's Donna Hathaway, PhD, RN, FAAN, University Distinguished Professor in the Department of Advanced Practice and Doctoral Studies in the College of Nursing, sits on the

NINR's National Advisory Council for Nursing Research. "NINR has long been interested in caregiver research, and it is one of NINR's science focus areas," she said.

The NINR's 2014 National Nursing Research Roundtable, which meets annually to discuss research findings and improve health outcomes, described caregiving as "a topic of increasing importance given that more people are living with chronic conditions, and that managing chronic illness is shifting from providers to individuals, their families and the communities where they live."

The roundtable declared the nursing community "ideally positioned" to design and test caregiver health interventions in clinical settings and the community.

Dr. Wicks agrees.

Her master's thesis looked at the stresses on husbands taking care of wives who were suffering from chronic obstructive pulmonary

disease. After getting her PhD in nursing science (research), she worked with Dr. Hathaway on her grant to study quality of life in patients with end-stage renal disease. Through that work, Dr. Wicks was able to secure her first grant, which came from the International Transplant Nurses Society to study family caregivers of patients with end-stage renal disease who were awaiting a transplant.

"We were one of the earlier groups that started studying things like caregiver burden and caregiver quality of life in that group of patients," Dr. Wicks said. That focus turned out to be perceptive, as the number of renal disease patients continues to escalate with the soaring rates of diabetes and hypertension.

The Insight for Black Female Caregivers Study conducted by Dr. Wicks focused on the mental health of female caregivers – the majority of all caregivers – and tested successful therapeutic interventions for relieving the symptoms of depression and stress many reported.

"We expect family members to take care of these patients, but often we don't give them resources to do so effectively," Dr. Wicks said. "We don't educate them well about how to make decisions and about the challenges they're going to face helping to manage specific illnesses."

According to Dr. Hathaway, Dr. Wicks "has impacted the lives of many people who credit her with helping them survive the difficult challenges surrounding their role as a caregiver. Her work is recognized not just locally by all the people she has helped, but also by colleagues across the nation and world who have followed her research over the years."

As an instructor in the DNP/PhD Program in the College of Nursing, Dr. Wicks is also helping to train others to focus on caring for caregivers. "I have students who are working on their PhDs in nursing science, and they must select a clinical issue to study, and most of the students who work with me study family caregiving," she said.

Loretta Alexia Williams, BSN, RN, an instructor in the BSN/MSN programs and a PhD candidate, is studying mental and physical health issues related to male caregivers of end-stage renal patients.

Shaquita Starks, MSN, FNP-BC, a PhD candidate, is studying quality-of-life issues related to African-American women who are caregivers of patients with end-stage renal disease.

Amy Levi, MSN, RN, is poised to study Hispanic caregivers in the Chattanooga area, where she is based.

"Dr. Wicks is dedicated to mentoring the next generation of nurse-scientists," Dr. Hathaway said. "She spends many hours and puts her heart and soul in her work with students, practicing nurses, and faculty, guiding, editing, supporting, encouraging, and generally counseling them as they, in turn, launch their research and scholarly careers."

Dr. Wicks sees this research translating into meaningful solutions for caregivers. One thing she hopes her work focused on mental health issues will do is help eliminate the stigma of mental health disorders, particularly in the African-American population. "There's going to be stress. It (caregiving) is a stressful situation, even when it's rewarding," she said. "What I want to do is tell people it's OK to feel stress, what's not OK is not getting the help they need to maintain their own well-being."

And nurses, she believes, are in the perfect position to provide that help.

"We need to raise the consciousness of nurses and other health care providers that we have a big problem in this country – that lots of people are caregiving – and health care providers are not tuned in to that and are not asking the right questions and not referring them now to the right resources so they can get the help they need to maintain their own health, help manage the health of their family member, and keep them out of an institution longer," she said. "If you can help with these important issues, perhaps you can improve health outcomes for both caregivers and their family members, and decrease health care costs."

Mona Wicks, PhD, RN, FAAN, right, talks with her PhD students about how certain interventions help with depression symptoms of caregivers. From left, Loretta Alexia Williams, BSN, RN; Melody Waller, MSN, RN; and Shaquita Starks, MSN, FNP-BC.



Photo: Jane Pate

## TIPS FOR CAREGIVERS Some Helpful Advice from Dr. Mona Wicks

- Give yourself permission to ask for help. Be specific about what would be helpful to you – time away from the patient, a home-cooked meal, a trip to the store.
- Report changes in your own mental and physical health to your health care provider, so they can be addressed early before they escalate.
- Be creative in sharing the burden. Check resources available in the community. Barter with friends or relatives. "You don't have to think of it all on your own," Dr. Wicks said. "If you share it with someone, like a nurse who is concerned with you, then he or she might be able to sit down with you and you can strategize together about some specific things in the community that could help."

**29%\***

U.S. adults providing care to someone who is ill, disabled or aged

**65.7\***

Million caregivers in the United States

**52\*\***

Million provide care to adults with a disability or illness

**43.5\*\*\***

Million care for someone who is 50+

**14.9\*\*\***

Million care for someone with Alzheimer's disease or some other dementia

\* [The National Alliance for Caregiving and AARP (2009), Caregiving in the U.S. National Alliance for Caregiving, Washington, D.C.] - Updated: November 2012

\*\* [Coughlin, J., (2010). Estimating the Impact of Caregiving and Employment on Well-Being: Outcomes & Insights in Health Management, Vol. 2, Issue 1] - Updated: November 2012

\*\*\* [Alzheimer's Association, 2011 Alzheimer's Disease Facts and Figures, Alzheimer's and Dementia, Vol.7, Issue 2.] - Updated: November 2012

There was an unusual excitement to the December graduation for Irma O. Jordan, DNP. Affiliated with UT for 18 years in both clinical and academic roles, Dr. Jordan has spent the past four years as an assistant professor in the Doctor of Nursing Practice Program at the UTHSC College of Nursing. As a triple UTHSC grad, Dr. Jordan is no stranger to commencements. She earned her BSN in 1997, with the last class to graduate before the UTHSC RN to BSN program was suspended. She went on to earn both her MSN (1998) and DNP (2010) at UTHSC. Now, at December graduation, Dr. Jordan presented her daughter, Lisa Dawson, with her UTHSC BSN diploma. Dawson was among the first group of nursing students to graduate from the BSN program since UTHSC reactivated its nursing baccalaureate in fall 2012.

“With my role as a faculty member in the College of Nursing, I was concerned about Lisa being a student in the BSN program,” Dr. Jordan said. “I was concerned it would present challenges she would not have to deal with in another program. When Lisa and I discussed this, she told me, ‘If I’m going to do this, I want to attend the best nursing program available.’ I couldn’t argue with that.”

“When Lisa and I discussed this, she told me, ‘If I’m going to do this, I want to attend the best nursing program available.’”

Irma Jordan, DNP

Over the 17-month, accelerated BSN program, Dawson, a single mother with twin boys, 7, and a daughter, 5, described her life as overwhelming at times and always challenging. Much of the time she had to operate despite chronic sleep deprivation, a common condition among nursing students. But Dawson is quick to credit each UTHSC faculty member she has studied and trained under.

“They have provided me not only with the knowledge to achieve my goal of being a nurse, but they are also great mentors,” Dawson said. “Faculty are approachable and available to the students, and it is evident they want us to succeed.”

“I have had the pleasure of hearing Lisa’s stories of faculty engagement with students as they learned and experienced nursing,” Dr. Jordan said. “There are some faculty members who had Lisa in class and didn’t even know she was my daughter. They treated her just like every other BSN student – wonderfully. I am proud to be associated with these colleagues.”

What Lisa has found most profound is the impact nurses have on the lives of their patients. “Nursing is not about the stuff we can do. It’s about caring for the person.” The emotion in Dr. Jordan’s voice is evident when she states, “Lisa will be a great nurse!”



(left to right) Irma Jordan, DNP, assistant professor in the UTHSC College of Nursing, and her daughter, Lisa Dawson, BSN. The two enjoy a short break in front of a mural at Methodist South Hospital, where Lisa is completing her clinical training.

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 DNP, MS, CRNA  
 Assistant Professor



**Laura Melaro,**  
 DNP, APN, FNP-BC,  
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**Kristen H. Archbold,**  
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Expanding Programs, Increasing Enrollment, and Growing our Research Enterprise!

Faculty Notes

**Thomas “Tommy” Cooper**, DNP, ACNP, FNP, assistant professor, was invited by the American Association of Nurse Practitioners (AANP) to present his abstract, “Screening and Prevention of Rabies in Unvaccinated Individuals,” at the AANP 2015 National Conference in June at Ernest N. Morial Convention Center, New Orleans, Louisiana.

**Melody Waller**, MSN, RN, instructor in the BSN/MSN Department, had her abstract, “The Shift toward Sexual Health: A Comprehensive Approach to Address the Well-Being of African-American Women,” accepted by the Southern Nursing Research Society (SNRS) as a Poster Discussion Presentation at the 29th Annual SNRS conference held in February at Saddlebrook Resort in Tampa, Florida.

**Carolyn Graff**, PhD, RN, FAAIDD, professor, had her article, “Health Literacy and Asthma Management among African-American Adults: an Interpretative Phenomenological Analysis,” published in the Journal of Asthma.

**Wendy M. Likes**, PhD, DNSc, APRN-BC, dean and associate professor, had her article, “Colposcopic Acetowhitening of Vulvar Lesion: a Validity Study,” published in the Archives of Gynecology and Obstetrics.

**Tommie Norris**, DNS, RN, professor, had her abstract “Using Standardized Assessments: ATI Best Practices,” accepted for Poster Presentation at the 2015 ATI National Nurse Educator Summit in April at the Loews Coronado Bay Resort in San Diego, California.

**Jami Smith Brown**, DHEd, RN, CNN, assistant professor, had her abstract, “Using Standardized Patients in Simulation: Integrating the QSEN Competencies to Enhance Quality and Safety in Nursing Practice,” by Jami S. Brown and Jacqueline Sharp, MSN, RN, accepted for poster presentation at the 2015 ATI National Nurse Educator Summit in April at the Loews Coronado Bay Resort in San Diego, California.

**Alexia Williams**, RN, PhD in Nursing Science student and instructor, was invited to interview with Beverly Johnson, radio personality at WDIA AM 1070 radio station in March. Johnson interviewed Alexia to discuss her dissertation study, “Mental Health in Male Caregivers of Persons with End Stage Renal Disease.”

**Mona Wicks**, PhD, RN, FAAN, professor, was reappointed to the American Academy of Nursing Program Planning Committee. The planning committee guides the direction and sets the agenda of the annual policy conference.

**Donna Hathaway**, PhD, RN, FAAN, UTHSC Distinguished Professor, was invited to speak at the AACN Faculty Development Conference Feb. 13 in Nashville. Dr. Hathaway’s presentation focused on faculty scholarship.

**Ragan Johnson**, DNP, APRN-BC, assistant professor, was accepted as a content expert for the Family Nurse Practitioner Specialty for ANCC.

**Trina Barrett**, MSN, RN, CCRN, instructor, had her manuscript, “Why are We Prolonging QT Interval Monitoring?” accepted for publication in the May/June 2015 issue of the Dimensions in Critical Care Nursing journal.

**Anne W. Alexandrov**, PhD, RN, CCRN, ANVP-BC, NVRN-BC, FAAN, professor, completed her AG-ACNP postgraduate certificate at UAB.

**Stacy Emerson**, EdD, MSN, APRN-BC, CNE, finished her EdD and successfully defended her dissertation, “Confronting the Nursing Faculty Shortage: Identifying Solutions to Address the Issue.”

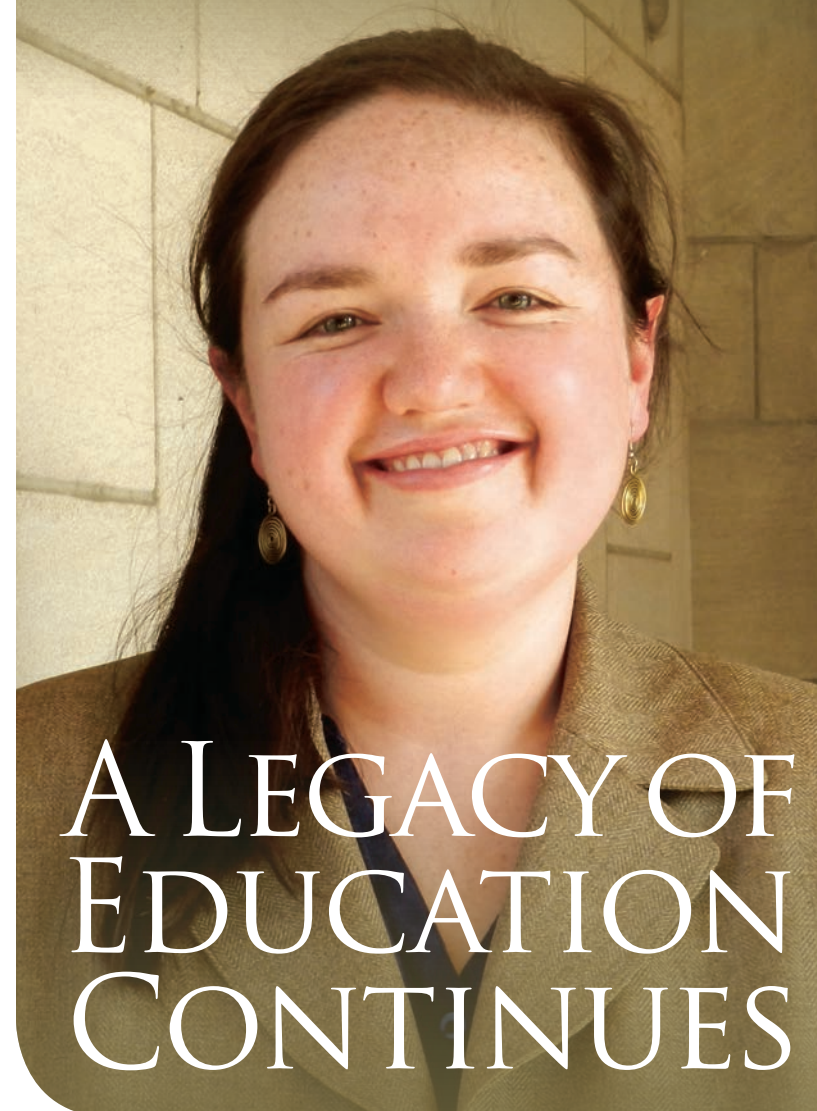
Facilitated by **Lisa Rinsdale**, DNP, APRN-BC, CNE, JD, the UTHSC CON’s Pediatric Primary Care concentration was recognized by PNCB for Pediatric Primary Care Nurse Practitioner Certification.



**Alise Farrell Receives DAISY Nursing Faculty Award**

During National Nurses Week, May 6-12, UTHSC Nursing Instructor Alise Farrell, MSN, RN, at right, received the DAISY Nursing Faculty Award from the College of Nursing. The peer-nominated award is part of a national recognition program that demonstrates appreciation to faculty for the commitment and inspirational influence they offer their students. Also shown is Sherry S. Webb, DNSc, RN, CNL, NEA-BC, an assistant professor in the College of Nursing.

For Megan Carter, the Legacy Scholarship



“We have a chance to make a real difference for all the patients we see. It is so exciting to be connected to UT, both personally and through my grandmother.”

*Megan Carter*

signifies a tradition in her family,

one that was started when her grandmother, Betty Haaga Barnett, BA '49, arrived on the Knoxville campus in 1945.

Barnett was the youngest of her generation, was the first to attend college, and has since supported – through tuition payment or active encouragement – the college education of seven in her family’s younger generations.

Barnett remembers her time as a student as “four of the best years of my life.” After graduating, she returned to her hometown of Memphis to teach at Idlewild Elementary School.

Similarly, Carter is compelled to make a difference locally. She is pursuing the Bachelor of Science in Nursing as a second baccalaureate degree, after receiving her first in theology and international affairs at Georgetown. Following graduation, she came back to Memphis to work at the Church Health Center, helping empower children and families to make healthier lifestyle choices.

There she found families with stories of optimism and inspiration, and she hopes to practice in Memphis to improve the health in the community. As a nursing student, she studies the statistics regarding Memphians’ health, and she takes pride in the work UT does to make Memphis a healthier place.

“We have a chance to make a real difference for all the patients we see,” Carter said. “It is so exciting to be connected to UT, both personally and through my grandmother,” she added.



Megan Carter (right) with her grandmother, Betty Barnett

Carter credits the legacy begun by her grandmother and the support of her entire family as key factors in her success so far. As she and her husband begin their own family, Carter thrives on that support and draws courage from firsthand experiences with people who are striving to beat the odds.

“I’m doing God’s work every day,” she said.

For Carter, the nursing profession is a calling, a way to have a real impact. She hopes that her perspective, education and compassion will be the perfect combination to provide to others the support and the tools they need to be successful – just as her family has done for her.

The Legacy Scholarship is an initiative of the UT Alumni Association that awards scholarships to current students who are children or grandchildren of UT alumni.



## Shaquita Starks to Receive More Than \$30,000 Minority Fellowship from American Nurses Association



Shaquita Starks, MSN, FNP-BC

Shaquita Starks, MSN, FNP-BC, PhD candidate at UTHSC, is the recipient of the Minority Fellowship Program Award at the American Nurses Association funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). SAMHSA is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. As a result, Starks will receive more than \$30,000 toward her tuition, a stipend, and other behavioral health training and learning experiences.

A certified family nurse practitioner, Starks' research focuses on determining what affects the quality of life for African-American women caring for patients with End Stage Renal Disease – to include examining the mood profile of study participants, reported substance use, prevalence of historical depression, anxiety, and physical symptoms of depression. Her long-term goal is to practice nursing and develop a program of research that will examine the connections between social influences and mental and physical health in ethnic minorities.

## Scholarship Event Leads to Unexpected Reunion

A nurse practitioner student has been helped in her studies and rewarded for her contributions in patient care. Katherine "Kat" Petree received a scholarship from the Ovarian Cancer Awareness Foundation (OCAF). She is a candidate for the Doctor of Nursing Practice (DNP) degree at UTHSC. Almost as gratifying was being reunited with some of her former patients while receiving her award.

"I received an email last year from the College of Nursing saying a scholarship was available," Petree explained, "so I applied."

She was notified in January that she was a winner, and was invited to the foundation's annual meeting in March. She thought she'd just be picking up a check. Instead, she got to meet the organization's committee that had selected her as well as some of her former patients.

"It was a huge surprise," she said, adding, "I recognized so many former patients and their families!"

The Tennessee-based OCAF aims to educate women about ovarian cancer. It was founded, Petree said, by families of women who had dealt with the disease. In addition to its own educational efforts, Petree said, the foundation decided to honor



Katherine Petree, MSN

and support a nursing student who worked with cancer patients.

"That's a really sweet sentiment," Petree said. "It's nice to know that they appreciate nurses and the role they play. It was a huge surprise, and, for me, a total blessing."

She speculated that the scholarship was the foundation's way of rewarding oncology nurses and getting them to stay in oncology.

Petree is already a UTHSC alum, having earned her Master of Science in Nursing degree in 2012 as a clinical nurse leader. She then worked at the West Clinic (now the West Cancer Center) for two years before deciding to return to UTHSC to pursue her Doctor of Nursing Practice degree, choosing the family nurse practitioner track. Her projected date of graduation is May 2017.

"It's a passion for me," Petree said of oncology. Because patients have multiple treatments of chemotherapy, she gets to know patients and their families. "That's when nursing is most successful," she said, "when you feel you know them and they know you."

More information about the Ovarian Cancer Awareness Foundation is available at [www.ocafoundation.org](http://www.ocafoundation.org).

*Katherine Petree has also been selected as the first recipient of the Dr. Cheryl Cummings Stegbauer Endowed Scholarship. See page 13.*

## UTHSC and MMHI Renew Partnership Students Resume Clinical Rotations

Medical students and residents from UTHSC are resuming their clinical rotations at Memphis Mental Health Institute (MMHI). The renewed partnership with MMHI will include clinical rotations for nurse practitioner students from UTHSC's Advanced Practice and Doctoral Studies program within the College of Nursing, with the focus on individual, group and family therapy.

"These students will be actively involved in our Treatment Mall where they will be exposed to group counseling skills from more than 100 different psycho-educational groups," said Lisa A. Daniel, CEO, MMHI. "Additionally, they will be exposed to new insights, skills, and techniques from Dr. Vijaya Chandel, MD, who recently joined the staff and is trained and experienced in family therapy."

UTHSC Professor Mona Wicks, PhD, RN, FAAN, who serves on the board of MMHI, says, "There is a shortage across

the nation of mental health care providers. And so the notion of having advanced practice nurses who can help fill the gap in terms of the availability of psychiatric mental health providers is really important. And it's particularly important not only in Memphis but across the nation.

"We don't have enough psychiatrists, we don't have enough psychologists, and mental health is a broad disease category that people tend to underutilize services because we do have a shortage, and because there's a stigma associated with mental health problems. So the fact that we do have nurses involved in this is important. They have specialty training in mental health issues. They have a series of courses, both clinical and classroom courses focused on mental health. And they take a national certification exam. They can prescribe medication, do medication management, they can lead groups. They can do things at a different level than a registered nurse could."

Marcy Purnell, a student in the PhD in Nursing Science Program, has received the 2014 Council for the Advancement of Nursing Science/Southern Nursing Research Society (CANS/SNRS) Nursing Science Advancement Dissertation Grant Award. This award of \$5,000 will be useful as Purnell moves forward with her dissertation research.

Melody Waller won second place in the Minority Health Research Student poster category.

Nikia Grayson, DNP in Family Nursing student, was honored by Planned Parenthood Federation as being a 99 Dream Keeper – The Doers!

During the 2014 American Association of Nurse Anesthetists (AANA) Annual Congress, exceptional contributors to the nurse anesthesia profession were recognized. The Memphis Student Nurse Anesthetist Foundation (MSNAF) was awarded the AANA Public Relations Award for best public relations effort by an individual, small group, organization, or company not affiliated with a state association. MSNAF was founded in 2010 by a group of students in the UTHSC Nurse Anesthesia program and is a student-managed nonprofit organization.

## Jane Pate Receives Imhotep Award

At the annual UTHSC SGAEC awards banquet held April 28, Jane Pate, editorial and design specialist in the Communications and Marketing Department, was given the Imhotep Award.

The highest honor the students can bestow on a staff member, the Imhotep Award is given only in years when the students believe someone has gone above and beyond in providing students with an additional voice to make changes and assist them throughout the year.

Pate began working in Communications and Marketing in 2012. Since this time, she has been responsible for coordinating the production of the UTHSC yearbook, the Asklepieion. She initiated the annual "A Day in the Life" photo shoot in which students are encouraged to take photographs from around the UTHSC campus and submit them for use in the yearbook. She has also accompanied students to Nashville for UT Day on the Hill two years in a row.



(from left) Jane Pate and incoming SGAEC president Dina Ali

## Kimberly Greenlee Named DSCC Outstanding Alumni

Dyersburg State Community College (DSCC) named Kimberly Greenlee, BSN, of Jackson, Tennessee, as an Outstanding Alumni at the College's Annual Spring Conference for faculty and staff in April.

Greenlee obtained her degree in Licensed Practical Nursing in 2009 at Tennessee Technology Center. She then earned an Associate of Applied Science degree in Nursing from DSCC in 2011. She later attended the University of Tennessee at Martin where she obtained a Bachelor of Science in Nursing. Greenlee is currently on track to obtain a Doctorate of Nursing Practice in Pediatrics at UTHSC.

# It's a Small World After All

Reprinted from Pacific Pulse, the Official Publication of U.S. Naval Hospital Guam Vol. 1, Issue 5, February 2015

*In life, decisions can lead people down many paths. For three Naval Officers, their life decisions led them down different paths but ultimately toward the same place – three times. The first place was the UTHSC College of Nursing, the second was the U.S. Navy, and the third, a tiny island in the middle of the Pacific Ocean called Guam. In a candid interview, Lt. Stacie Groves, Division Officer for U.S. Naval Hospital Guam's Mother Baby Unit (MBU), Lt. Caitlin Workman, a bedside nurse in the Intensive Care Unit (ICU), and Lt. Sean Hutchison, ICU Division Officer discuss how they ended up where they are and where else military medicine might be leading them.*

## What lead you to UTHSC?

**Workman:** I started my schooling for nursing in Ohio (Franciscan University of Steubenville) and then I spent two years on what I like to call my life's hiatus, just taking classes and doing other things. Eventually I moved to Tennessee and applied to their nursing program. I liked it because they offered a 16 month, accelerated program. Either you came in with a previous degree, or you came in with X amount of credits and you graduated with a bachelor's.

**Groves:** I was already living in Memphis, because I had completed another undergraduate program there. I had a really great restaurant job with flexible hours. For a college student, I made good money and got to eat filet mignon every night. One day, I was waiting on the dean of the UT program, and I mentioned I was thinking about going to nursing school. She encouraged me to look into UT, so I looked online – everything looked great so I applied and got accepted.

**Hutchison:** I was in my pre-medicine degree at Oregon State University but wasn't set on going to medical school. I graduated in 2006 with a bachelor of Science and then I did a lot of soul searching. I decided I wanted to go into anesthesia but I was not sure if I wanted to do so as a medical doctor or a certified registered nurse anesthetist (CRNA). I did a query on the internet, and I thought UT sounded awesome so I went into their second-degree program and graduated 2008.

## What caused you to be interested in joining the Navy?

**Workman:** I had always wanted to be in the Navy. In fact, I actually applied to the Naval

Academy right around Sept. 11, 2001. After the event, I decided if something like that ever happened again I wanted to be able to help people in a different way. I wanted to be a nurse, so I pulled my application to the Naval Academy. But while I was in nursing school, as I got closer to getting my degree, I called the recruiter and told him I wanted to join. I also worked for a year as a civilian nurse before being commissioned.

**Groves:** I met Caitlyn (Workman) at UT and we quickly became close friends. It's funny because my dad kept telling me to talk to the Navy recruiter, but I was always hesitant. Once I found out Caitlyn was going to talk to a recruiter, I asked if I could tag along. The recruiter took us both to Portsmouth Medical Center in Virginia to see what a military hospital is like and what Navy nursing is like. I highly recommend all recruiters use that tactic (laughing) – we had a good time.

**Hutchison:** There was a Medical Officer recruiter, a retired Chief Hospital Corpsman (then active duty, now retired), who came and spoke to our class about medical options inside the military. I actually come from a family with grandparents in both the Army and Air Force, so it sounded good to me. He talked about the different programs and the opportunity to serve your country, and things like deploying with the Marines. I felt like I should give it a shot – it sounded like a good experience. I swore into oath the day I graduated in 2008.

*(All three of the officers came into the Navy through the Navy's Direct Accession Program. In this program candidates will already have their nursing degree and will receive a commission as a Navy Ensign upon graduation. They must also attend a five-week Navy indoctrination course at the Officer Development School located in Newport, Rhode Island prior to reporting to their first duty assignment.)*

## How did you come to be stationed in Guam?

**Workman:** I was looking for an ICU with a high acuity (level of severity of an illness). Most of our naval hospitals don't take high acuity patients because, in most locations, there are civilian hospitals that care for these patients. However, my detailer told me USNH Guam, which is one of two hospitals on the island, accepts direct

trauma from the community on our end of the island. Because of this, the hospital can treat all the more complex patients and in turn provides experience to staff. That was something I was looking for; from variety of patients to procedures and diagnosis here you might not see at other Naval Hospitals.

**Groves:** My husband is also active duty and when he spoke to his specialty leader, he was offered Guam. We both wanted to be stationed overseas, so I called my detailer right away. She said there was a need for labor and delivery nurse, so here I am. I was very excited to be able to go overseas and stay in the field I wanted.

**Hutchison:** Like Workman, when I was looking at orders, I was looking for a command with a high acuity ICU to help me generate more experience for my Duty Under Instruction (DUINS) application for nurse anesthesia. My detailer informed me Guam had one of the highest acuity ICUs.

## What unique experiences have you gained from being stationed in Guam?

**Workman:** Because Guam is a smaller command, it has provided me the opportunity to focus on the things I need to strengthen because there is a vast opportunity regarding clinical experience and dealing with complex patients. I got an AEROVAC (Aeromedical Evacuation) my first week here during the holidays. I wasn't oriented to the floor yet, but I know how to take care of a patient, and I was able to be available over the holidays.

**Groves:** I have gotten a lot from Guam. The Mother Baby Unit is a combined unit; we are labor and delivery, postpartum, and nursery – it has broadened my horizons and introduced me to other clinical skills. I learn something new every day from the labor standpoint. Here, very rarely do people ask for an epidural; they want to go natural. My experiences here actually inspired me to go natural for my own delivery. I have also seen a lot from the neonatal side, where we can't just call a NICU (Neonatal Intensive Care Unit) nurse and ask for help. We always have to be prepared for what comes along. Now as the Division Officer, I have the opportunity to learn about myself, my leadership style and how to supervise people while helping them obtain their goals.

**Hutchison:** I have had a great experience here coming from Naval Medical Center San Diego,

where there is a sick patient population, but coming here the patient population is more so. When I first came here, I was a bedside nurse before taking over as the Division Officer where you have more autonomy than you might at a larger command. Here, there are not as many residents and providers so you have to be able to make more clinical decisions based on your own judgment. For me this is huge in bridging the gap working toward becoming a CRNA where autonomy is required. I also had the opportunity to deploy with the Marines (back in 2013).

## Why would you encourage/challenge others to pursue Navy Nursing?

**Workman:** I absolutely love Navy nursing! I am passionate about it. As a nurse in Navy Medicine you are always teaching. We work with Corpsman, so those are our guys and girls that will be forward deployed, taking care of our soldiers and sailors. Teaching solidifies your own skills, and you are learning continuously. In the past six years, I have had so many opportunities from Pediatrics, hospital ship, ambulatory care, treatment room, to IV conscious sedation, clinical nurse specialist, and bedside ICU nurse. Navy nursing expects you to take what you know and continuously grow and excel.

**Groves:** The Navy also gives you the tools to excel. It provides you with a ton of education and opportunity, from your basic to more advanced courses (when available). The opportunity to do those things on the Navy's dime inspires a lot of people to continue their education. People ask if the Navy is going to make me go to specific places or do specific things, and yes, the Navy does expect that of you. But they also ask for your input, and if they can provide you with the opportunity you want, they will try to get you there.

**Hutchison:** Navy nursing is an excellent opportunity. You can get continuing education or an advanced degree in the future, and you get to travel the world. So many people are content staying home, but there are just so many places in the world to live – it is just amazing! If you join the Navy, you have to be willing to be flexible and try new things.

## What other career goals have you pursued, or are you pursuing?

**Workman:** I recently completed my Masters from the University of Cincinnati as a clinical nurse specialist in Critical Care. Looking back, UT is a great nursing school, they really pushed

professionalism, and I think that coincides with Navy nursing – because as a Navy nurse you are expected to take on leadership roles and continue your education.

**Groves:** The paths that you can take in Navy medicine, whether clinical or executive, require higher education. I am looking into a DUINS Program (the opportunity to attend school on a full-time basis at no personal cost while maintaining full benefits) for either clinical nurse specialist in Perinatal/Women's Health or nurse midwifery. I also believe one of the nice things about UT was that they prepared us to want to get to the next level, just as the Navy does.

**Hutchison:** I start working on my Doctor of Nursing Practice with a specialization in nurse anesthesia this May. I was selected for DUINS and will be studying at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. It is a 36-month program, so I will not graduate until May of 2018. Like the girls mentioned, UT did a really good job setting the course for us. Just looking at myself, currently being in a leadership position, running a high acuity ICU, is a testament to how they prepared us for whatever we'd take on and what would be expected of us.



Photo: Jennifer Zingalie

(left to right) Lt. Caitlin Workman, MSN, RN, CCNS, CCRN, CPN; Lt. Sean Hutchison, BSN, CCRN; and Lt. Stacie Groves, BSN, RN, RNC-OB

## Patti Ketterman Named President and CAO of Claiborne Medical Center



Covenant Health announced that Patti Ketterman has been named president and chief administrative officer of Claiborne Medical Center in Tazewell, Tennessee. Claiborne Medical Center and Nursing Home are members of the Knoxville-based health system.

Ketterman began her new responsibilities in March. She was chief nursing officer at LeConte Medical Center in Sevierville, where she served since August 2013. She joined Covenant Health in 2012 as administrative director of nursing at Fort Sanders Regional Medical Center in Knoxville, where she provided leadership for house supervisors, float pool, chaplains, nurse educators and clinical students, along with administrative oversight for the neuroscience nursing unit.

Prior to joining Covenant Health, Ketterman was hospital CEO and licensed nursing home administrator at Newport Medical Center in Newport, Tennessee. Under her leadership the hospital significantly improved patient satisfaction and quality care as measured by national benchmarks, underwent multi-million-

dollar expansions in the medical-surgical and emergency departments, reduced costs through LEAN initiatives, and increased productivity by 20 percent.

She also was director of nursing at Baptist Hospital of Cocke County in Newport for 20 years. She directed all clinical areas, achieved exceptional regulatory compliance rates, reduced nursing turnover, and implemented nursing-focused clinical training and retention initiatives.

“Patti Ketterman’s background and experience make her uniquely qualified to lead Claiborne Medical Center and the hospital’s affiliated nursing home,” said Jim VanderSteeg, Covenant Health executive vice president and chief operating officer. “She understands the full spectrum of nursing and hospital operations, from clinical care to finance and regulatory compliance. Her collaborative approach has built strong team relationships that have led to successful outcomes and achievements throughout her career.”

Ketterman said she will miss LeConte Medical Center, but is looking forward to her new responsibilities. “I have certainly enjoyed working with the employees and leaders at LeConte Medical Center and Fort Sanders Sevier Nursing Home,” she said. “Working at Claiborne Medical Center will be an incredible opportunity

for me – I’m looking forward to the challenges ahead. I’m excited about getting to know the employees at the hospital and nursing home, and becoming involved in the community.”

She is a member of the American College of Healthcare Executives and the American Organization of Nurse Executives. Ketterman serves as president of the Cocke County Board of Health, and is past chair of the Cocke County Partnership Board of Directors. She is president of the University of Tennessee Health Science Center Nursing Alumni Board of Directors, and is on the Nursing Advisory Boards for Carson Newman College and Walters State Community College. She served on the Cocke County Emergency 911 Board of Directors and on the Board of Examiners for the Tennessee Center for Performance Excellence. She received a Distinguished Alumni Professional Achievement Award from Walters State Community College in 2014.

Ketterman holds a bachelor’s degree in nursing from East Tennessee State University and a master’s degree in public health from the University of Tennessee, Knoxville. She has a doctorate in nursing science from the University of Tennessee Health Science Center, Memphis, and is certified as an advanced nursing executive by the American Nurses Credentialing Center.

## Susannah Taylor Williams, MD, Appointed Clinical Director of Memphis Mental Health Institute

Susannah Taylor Williams, MD, board certified in Psychiatry, has been appointed Clinical Director at Memphis Mental Health Institute. She is a graduate of the University of Alabama Medical School and completed her Psychiatric Residency at the University of Tennessee Health Science Center, Memphis.

During her tenure at UTHSC, Dr. Williams was Chief Resident for Psychiatry. Her career has included working with the Memphis VA Medical Center, serving as Assistant Professor of Psychiatry for UTHSC, and as Chief of Psychiatry at Regional One Hospital in Memphis. Dr. Williams also works in the Student Counseling Center at Rhodes College.

## Dr. Ansley Stanfill Wins Research Grant at ISONG Congress

Ansley Stanfill, BSN, PhD, a recent graduate of the Nursing Science PhD Program, has received a research grant award at the 2014 ISONG (International Society of Nurses in Genetics) Congress. Dr. Stanfill received a research award (\$2500) sponsored by the University of Maryland. She is currently a postdoctoral student at the University of Pittsburgh.

## Rebecca Graves, MSN, PhD, Receives Grant from USAFDC

Rebecca Graves, a May 2014 graduate of the PhD program in Nursing Science, has received a grant from the University of South Alabama Faculty Development Council (USAFDC) to conduct a study, “Transition from Pediatric to Adult Health Care for Young Adults with Down Syndrome.” This study follows up on findings from her dissertation research, “Health Related Quality of Life of Adults with Down Syndrome.” Graves is an assistant professor in Adult Health Nursing at the University of South Alabama.

**1943**  
Frances Alma Springall, longtime resident of Montgomery, Alabama, died Feb. 21, 2014.

Mary J. Thomas of Fort Worth, Texas, died June 25, 2014.

**1947**  
Martha Wright Bourland died at her home in Tupelo, Mississippi, May 11, 2014.

**1948**  
Emma P. McCain, of Memphis, died Feb. 24, 2014.  
Evelyn C. Jones, of Douglasville, Georgia at the time of her passing, died Jan. 22, 2014.

**1959**  
Jean McCardle Holland, of Cocoa, Florida, passed away.

**1967**  
Diana Sue Bell, of Murfreesboro, passed away June 18, 2014.

**2006**  
Arthur Jack Zwerling, of Pennsylvania, died July 25, 2014.

### Dr. Russell Chesney, passed away at the age of 73 on April 2, 2015, in Memphis.

*Dr. Chesney was the longtime chair of the Department of Pediatrics at UTHSC and a pediatric nephrologist at Le Bonheur Children’s Hospital.*

Dr. Chesney possessed an enthusiasm for learning that carried over into great commitment to his students and faculty. To honor his distinguished career and service to the university, its students, and the community, UTHSC established the “Russell W. Chesney Excellence in Pediatrics Award” in 2012. It is awarded annually to the top graduating student.

Raised in Knoxville, Dr. Chesney earned a bachelor’s degree from Harvard University and completed medical training at the University of Rochester. He later completed his pediatric internship and residency at Johns Hopkins University, and pediatric nephrology and genetics fellowship at McGill University in Montreal.

After appointments in Wisconsin and California, Dr. Chesney and his wife, Joan, returned to Tennessee, where he served for 23 years as professor and chair of Pediatrics at UT and Le Bonheur Children’s Hospital. A respected scientist, clinician and teacher, he earned many honors throughout his career – the E. Mead Johnson Award by the Society for Pediatric Research (1985); the Joseph W. St. Geme Jr. Leadership Award (2001); the International Pediatric Nephrology Association’s Ira Greifer Award (2010) and the American Pediatric Society’s John Howland Award (2011) – the highest honors bestowed by each respective organization; and the Tennessee American Academy of Pediatrics’ Lifetime Achievement Award (2011).



# Wish You Were Here?

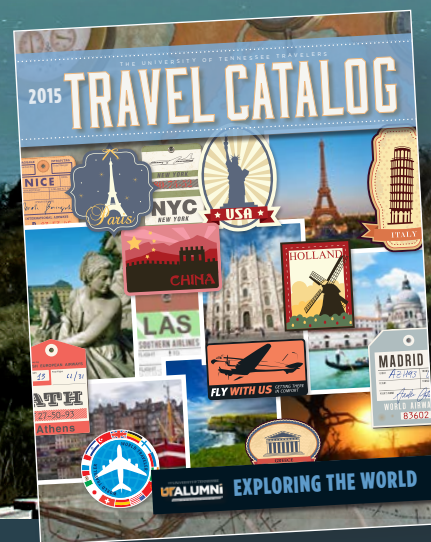
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## Mastering the Master Plan

UTHSC looks to the future with an impressive campus master plan for growth designed to secure its spot as the nucleus in the evolution of the Memphis Medical Center.

- The Commercial Appeal
- Memphis Business Journal
- UB Daily
- Tennessee Tribune
- Memphis Medical News
- MBQ
- highgroundnews.com



## Defeating Disparities

UTHSC's Research Center on Health Disparities, Equity and the Exposome leads a coalition to host the "LIVE!" breast cancer summit for African-American women.

- Good Morning Memphis
- The Jackson Sun
- Good Health
- Southern Soul
- The Commercial Appeal
- Tri-State Defender
- WRBO-FM 103.5; WDIA



## Lead On

Dr. Wendy Likes goes from interim dean of the College of Nursing to permanent dean.

- The Commercial Appeal
- Memphis Business Journal
- American Nurse Today



## Making Our Mark

The University of Tennessee initials reappear on a Memphis hospital for the first time since 2004.

- The Commercial Appeal
- The Daily News
- Memphis Business Journal



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