



RETIREES ASSOCIATION OFFICERS AND BOARD MEMBERS 2018-19

Bobby Thomas
Past President; Chairman of the Board

Pamala Vaughn
President

Andrea Crisler (2018)
Vice President; Secretary

Marsha Ewart (2018)
Treasurer

Debbie Jackson (ex officio)
HR Support

Larry Qualls (2018)
At Large

Vic Crutchfield (2018)
At Large

Barbara Culbreath (2018)
At Large

Gerri Bussell (2019)
At Large

John Crisler (2019)
At Large

Grady Russell (2021)
At Large

Sherrill Wolf (2021)
At Large

Andrea Crisler (appointed)
Newsletter Editor

Thurman Hobson
Photographer



GENERAL MEMBERSHIP MEETING

WHEN: Thursday, December 13, 2018

TIME: 11:30 AM – 1:30 PM

WHERE: Room 305, Student-Alumni Center

LUNCH: Reservations Only: Call Andrea Crisler 870.732.4811, or email acrisler@uthsc.edu to make reservations on or before Monday, December 10. Family members and guests are welcome.

COST: \$10 (First time attendees receive free meal.)

PARKING: Free parking in the garage next to SAC. UTHSC ID required to enter garage.

GUEST SPEAKER: Bethany Goolsby, Associate Vice Chancellor for Development

DO YOU HAVE NEWS? Please send any items of interest for Postscripts to Andrea Crisler, Editor. Email to acrisler@uthsc.edu or mail to P O Box 254, West Memphis, AR 72303

CHANGE OF ADDRESS? Please mail to UTHSC Retirees Association, P.O. Box 254, West Memphis, AR 72303

INSIDE THIS ISSUE

General Membership Meeting.....	1
From the BOARD.....	2
Notes from Guest Speaker.....	2
Reminders.....	2
December Guest Speaker.....	3

2018 Board Meeting and Luncheon Schedule.....	3
Membership Dues.....	3
Grand Reopening.....	3
Return Address Change.....	3
Recent Retirees.....	4

FROM THE BOARD

As we finalize our efforts for the year 2018, The UTHSC Retirees Board is proud of the accomplishments of the past year. We continue to increase of our number as well as strengthening our relationship with campus administration. These are feats that we all can take great stock in realizing. But, we are also in a time of challenge. As the number of UT “baby boomers” retire, we continue to call upon you for your service to the UTHSC Retirees Association. The year 2019 will include more challenges; however, with a strong and robust Association, we can accept and meet those challenges while continuing our quest to better respond to your desires of our organization. By demonstrating a corporate responsibility towards the association we hope to show the true value of our group. The happiness and renewal of great relationships between members of our association is key to the continued success and advancement of our network.

To achieve this fundamental goal every year, we have been transparent and very willing to listen to our constituents and share our vision with our members. The Board believes that the awareness of these traits are essential in helping each association member build strong trust in one another and allows each member to build a trust in the Retiree Association. Moreover, it allows us to trust each other and devote our collective talents and abilities to the purpose of achieving our goal of creating an energetic group.

Lastly, as we approach the holiday season, it is our wish that each of you enjoy your time with your families, be safe and have a happy and joyous 2019.

NOTES FROM GUEST SPEAKER

FOR SEPTEMBER 2018

CATHY C. FAUST, MS, CFCS

Extension Agent III, University of Tennessee Institute of Agriculture, Shelby County Extension Office

100 WAYS TO LIVE TO 100

Below is a list in random order of just a few of the ways Ms. Faust explored more thoroughly.

1. Be conscientious.
2. Find reasons to laugh.
3. Walk a lot.
4. Be happy.
5. Be optimistic, but not overly so.
6. Brush those pearly whites.
7. Get enough sleep, but not too much.
8. Eat broccoli.
9. Wash your hands.
10. Smile. Win the genetic lottery.
11. Live a spiritual life.
12. Find the healthy hobbies that make you light up – and do them.
13. Stay active.
14. Putter.
15. Be creative.

If you would like a copy of the complete list with explanations, send me an email acrisler@uthsc.edu or mail your request to UTHSC Retirees Association, P.O. Box 254, West Memphis, AR 72303, and I will send it to you.

REMINDERS

- ID Badges are required to enter the SAC and the UT Parking Garage. Retirees may obtain badges at no charge at the UT Campus Police Office. See Lawanda Mallett before any Thursday luncheon meeting to have your free ID Badge made.
- UT Retirees may use the UT Recreation and Fitness Center free of charge. For hours of operation and other information, call 448.5612.
- Visit the UT Retirees webpage for current notices and for past issues of PostScripts. Go to: uthsc.edu/retirees
- An office has been established on-campus for the Association in the SAC building to assist those considering retirement or more information about the Retirees Association. Call 901.448.5069 for an appointment.



Bethany Goolsby

DECEMBER GUEST SPEAKER

Bethany Goolsby

Associate Vice Chancellor for Development

A former Interim Vice Chancellor for Development and Alumni Affairs for the University of Tennessee Health Science Center, Bethany Goolsby currently serves as UTHSC's Associate Vice Chancellor for Development. She formerly served as Assistant Vice Chancellor for Planned Giving. A native of Memphis, Goolsby earned her undergraduate degree from the University of Tennessee, Knoxville in 1996 and her law degree from the University of Tennessee College of Law in 1999.

Goolsby is president of the Planned Giving Council of Greater Memphis, a local professional group whose work includes developing, marketing, and administering charitable planned gifts. She is a Leadership Academy of Memphis Fellow, a member of the Memphis Rotary Club, and serves as president of the board of directors of Grace House of Memphis, a residential substance abuse treatment facility for women.

2019 BOARD MEETING AND LUNCHEON SCHEDULE

MARK YOUR CALENDARS

February 21, 2019 - Board Meeting

March 21, 2019 - Luncheon Meeting

May 16, 2019 - Board Meeting

June 20, 2019 - Luncheon Meeting

August 15, 2019 - Board Meeting

September 19, 2019 - Luncheon Meeting

November 14, 2019 - Board Meeting

December 12, 2019 - Luncheon Meeting

MEMBERSHIP DUES

- Annually: \$5.00
- Lifetime Membership: \$50.00

Dues may be mailed to: Marsha Ewart
1072 Island Mist Circle
Memphis, TN 38103

Make checks payable to: "UTHSC Retirees Association" or pay in cash or money order.

If you have a change of address, please mail it to: Andrea Crisler
P.O. Box 254
West Memphis, AR 72303

GRAND REOPENING

The grand reopening of The UTHSC Fitness Center was held on November 15. Many renovations were made, so if you haven't seen them yet, it will be a pleasant surprise.

POSTSCRIPTS RETURN ADDRESS CHANGE

The new address is UTHSC Retirees Association, P. O. Box 984, West Memphis, AR 72303.

The University of Tennessee is an EEO/AA/Title VI/Title IX/Section 504/ADA/ADEA/V institution in the provision of its education and employment programs and services.

RECENT RETIREES

CONGRATULATIONS AND WELCOME!

Sandra Gilbert

Sr. Adm Services Asst,
Family Practice Tipton

Carolyn Griffin

HR, Administrative Aide

Robert Gallik

Biomedical Machinist,
Facilities

James Timothy Mashburn

Executive Associate Dean,
College of Medicine

Martha Vaughn

LPN, Family Practice Tipton

Tamera Stingley

Sr. Admin Clerk, Family
Practice Tipton

Josephine Boddie

Business Manager, OB/GTN

Linda Myers

Professor, Ped/Imm

Barbara Higgins

Research Coordinator,
Preventive Medicine

Judith Ammons

University Health Services,
FNP

Alice Cobb

Administrative Asst,
College of Medicine – UTC

George Hill, Jr.

Police Officer,
Campus Police

Stephanie Phelps

Pharmacy, Distinguished
Professor

Tommie Norris

Professor, Nursing

For more information, please contact:

Andrea Crisler | P.O. Box 254 | West Memphis, AR 72303
870.732.4811 | acrisler@uthsc.edu

uthsc.edu/retirees