

UT Health Science Center - RETIREES ASSOCIATION

POSTSCRIPTS

www.uthsc.edu/retirees

March, 2014

General Membership Meeting

- WHEN:** Thursday, March 20, 2014
- TIME:** 11:30 AM - 1:30 PM
- WHERE:** Room 305, Student Alumni Center
- LUNCH:** Reservations Only: Call **Ida Mosby** (901-315-0549, email idamosby@yahoo.com) to **make reservations on or before Thursday, March 13**. Family members and guests are welcome.
- COST:** \$9 (First time attendees receive free meal.)
- PARKING:** Free parking in the garage next to SAC. UTHSC ID required to enter garage.
- PROGRAM:** **News from UTHSC Recreation Department, presented by J. Lee Taylor, Director**

DO YOU HAVE NEWS?

Please send any items of interest for Postscripts to Carolyn Gibson, Editor. E Mail to cgibson@uthsc.edu or mail to 2686 Meadow Hill Cove, Germantown, TN 31838.

ID BADGES REQUIRED !!

Retirees must have UT ID Badges to enter the SAC and the Parking Garage. Badges are free and may be procured at the UT Campus Police Office

From the President

Do you need some motivation and encouragement to either begin a fitness program or to improve your current program? Then I hope you will make plans to attend our luncheon meeting on March 20th. It will be exciting to hear from UTHSC's newly-appointed director of Campus Recreation, J. Lee Taylor, as he speaks to us about exercise and fitness for seniors.

We need your ideas for activities and/or speakers for future membership meetings. Please email any suggestions to our vice president and program chair, Bobby Thomas, at: bthomas@uthsc.edu.

One goal of our association is to advocate for retiree benefits and services. A member of our association recently pointed out that retirement systems in some other states have more liberal replacement beneficiary policies than does TCRS for retirees who elected joint survivor options at the time of retirement. This applies to situations where there is a divorce between the retired member and the beneficiary or where the named beneficiary dies before the retired member. We plan to network with other retiree associations in Tennessee to consider the feasibility of making a recommendation to state officials.

Guests are welcome at our meetings and there is no charge for the luncheon for retirees attending the first time. Reservation information is in the block to the left. I hope to see you on the 20th.

Steve Rowland
President

HOW CAN I FIND POSTSCRIPTS ONLINE?

The web address for Postscripts is printed under each masthead of the paper editions. The web address is: www.uthsc.edu/retirees. Typing this into your search engine will take you directly to the retirees web page where you find current and archived copies of PostScripts, a copy of the retirees constitution and bylaws, listing of officers, a schedule of yearly Board and luncheon meetings, and other current notices.

To go to the retirees webpage from the UT Home Page <http://www.uthsc.edu/> look on the left side of the home page and find a listing of various categories. Scroll down to "Faculty and Staff", click on this and another list will appear...Click on "more" at the bottom of the list. This takes you to the Faculty and Staff page. In the column on the right side of this page, find the header "Employee Organizations". The Retirees Association is the last item on this list. Click to go to the Retirees page.

PostScripts is much easier to read online with larger font, and the pictures appear in color. Check the Retirees webpage for current notices and announcements.

RECENT RETIREES
CONGRATULATIONS AND WELCOME!!

| | | |
|-------------------------|---------------------------|------------------------|
| Teresa Glaser | Financial Specialist | Nursing |
| Marion Abbott | Admin. Services Asst. | BCDD |
| Teresa Pugh | Admin. Services Asst. | BCDD |
| Lametria Elliott | Admin. Services Asst. | Medicine |
| Lulu Kao | Nurse Manager | Clinic Industry Trials |
| Abbas Kitabchi | Professor | Medicine-Endocrinology |
| Carolyn Moffitt | Compliance Officer | Compliance |
| Judith Soberman | Professor | Medicine-Cardiology |
| Reno Greganti | Asst. Police Chief | Campus Police |
| Donna Hollaway | Human Research Specialist | IRB |
| Joel Bessof | Professor | Medicine-Gastro |

**2014 Board Meeting
and
Luncheon Schedule**
Mark your calendars!

- March 20, 2014** Luncheon Meeting
- May 15, 2014 Board Meeting
- June 19, 2014** Luncheon Meeting
- August 21, 2014, Board Meeting
- September 18, 2014** Luncheon Meeting
- November 13, 2014 Board Meeting
- December TBA** (to coincide with Chancellor's Holiday Party)

In Memoriam

- Emmett Bell, Jr., M.D.** November 20, 2013
Pediatric Medicine and Pediatric Cardiology
- Herbert Blumen, M.D.** November 22, 2013
Associate Professor, Radiology
- Fernando A. Herrera, M.D.** December 19, 2013
Thoracic/Cardiovascular Surgery
- Lee Watson Milford, Jr., M.D.** November 22, 2013
Orthopaedic Surgery

**J. Lee Taylor Is Featured Speaker at
March Retirees Luncheon**

J. Lee Taylor is an Exercise Physiologist with over 21 years experience in clinical trials, studying exercise, and the effects of exercise. He has been Lead Interventionist, Coordinator and Health Educator at UTHSC in a number of clinical trials. He has authored and contributed to research papers in major medical journals.

Recently named Director of Campus Recreation at UTHSC, his department is responsible for fitness, wellness, aquatics, outdoor recreation and intramural sports. The UTHSC Recreation Department is open to all students, faculty, staff and retirees at the University.

J. Lee also has five years experience in cardio-pulmonary rehabilitation at Methodist University Hospital. He has worked extensively with older populations.

J. Lee earned a Master of Business Administration in 2007 from the University of Tennessee and in 1986 a Master of Education degree in Health Physical Education and Recreation from the University of Mississippi. J. Lee leads workshops and speaks at conferences and symposiums for groups such as the American Diabetes Association, the American College of Sports Medicine, and Virginia Valley Health Symposium.

He enjoys running, white water rafting, canoeing, camping and spending time with his wife and two children.

Time to Make Changes?

Are you 30 or older with:

- High blood sugar or impaired glucose tolerance?
- A history of gestational diabetes?
- A family history of diabetes?
- Excess weight?

You may be at risk for developing diabetes! Call 901-448-8400 to find out more about a **Diabetes Prevention Study** called the **D2d Study**. Receive up to \$300 if all visits are completed.

D2d THE UNIVERSITY OF TENNESSEE **UT** HEALTH SCIENCE CENTER

The University of Tennessee is an EEO/AA/TAA/ADA/504/Section 504/ADA/AAEAA/AAEAA institution in the provision of its education and employment programs and services.

REMINDERS:

- * UT Retirees may use the UT Recreation and Fitness Center free of charge. For hours of operation and other information, call 448-5612.
- * ID Badges are required to enter the SAC and the UT Parking Garage. Retirees may obtain badges at no charge at the UT Campus Police Office. See Sgt. Avis before any Thursday luncheon meeting to have your free ID Badge made.
- * Visit the UT Retirees webpage for current notices and for past issues of PostScripts. Go to: <http://www.utmem.edu/retirees>

Editor's Note: Errata:

The December issue of PostScripts contained a misstatement about Part D of the Affordable Health Care Act. The editor apologizes for any confusion this may have caused. The following information comes from the Department of Health and Human Services:

The Affordable Care Act includes benefits to make your Medicare and prescription drug coverage (Part D) more affordable. When you're in the coverage gap (also called the "donut hole") in your Medicare prescription drug coverage, you'll get the following:

- A discount on covered brand name drugs when you buy them at a pharmacy or order them through the mail*
- Some coverage for generic and brand name drugs*
- You can expect additional savings on your brand name and generic drugs during the coverage gap over the next several years until it's closed in 2020.*
- The coverage gap closes by maintaining the 50% discount the manufacturers offer and increasing what Medicare plans cover.*

More detailed information on Medicare prescription drugs may be found by going to the website <http://www.medicare.gov/pubs/pdf/11493.pdf> or by calling 1-800-MEDICARE (1-800-633-4227) TTY users should call 1-877-486-2048.

