

Mexican Casserole Dish - Autism Resources of the MidSouth

Curry, Gina

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To: UTHSC Human Resources <applications@uthsc.edu>;

Hello,

I am making a Mexican Casserole.

1 lb ground beef, cooked, drained	1
1 package (1 oz) Old El Paso™ taco seasoning mix	1
1 can (11 oz.) whole kernel corn with red and green peppers, undrained	1
1 1/2 cups shredded Cheddar-Jack with jalapeño peppers cheese blend (6 oz)	1 1/2
1 can (8 oz) Pillsbury™ refrigerated crescent dinner rolls or 1 can (8 oz) Pillsbury™ refrigerated Crescent Dough Sheet	1

In 10-inch skillet, mix beef, taco seasoning mix and corn. Heat to boiling over medium-high heat, stirring occasionally. Spoon into ungreased 12x8-inch (2-quart) baking dish; sprinkle with 1 cup of the cheese.

Separate or cut dough into 2 long rectangles (if using crescent rolls, press perforations to seal). Place on top of meat mixture. Sprinkle with remaining 1/2 cup cheese.

Bake at 375°F 15 to 20 minutes.

Thanks,

Gina Curry

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